



The Quest



Inside this issue:

Debra's Deliberations	2
Shavings from the Board / Kudos!	3
Music News	4
CYRE News	5
Reflections	8
February 2016 Volunteer of the Month	16

Unitarian Church of Calgary
1703 1st Street, NW T2M 4P4

www.unitarianscalgary.org
Phone: 403-276-2436

February 2017 Services: Love & Justice

February 5 - Interdependence Calls to Love and Justice

Our national organization, the Canadian Unitarian Council, at the annual meeting last year, affirmed a new vision statement that begins "As Canadian Unitarian Universalists, we envision a world in which our interdependence calls us to love and justice." This has been the source of this month's theme and is being embraced across the country. What might this mean as the core of a vision? Sharing Our Faith Sunday.

Presenter: Rev Debra Faulk & Jane Ebborn (CUC Board member)

Service Leader: Lynn Nugent

Music: Jane Perry, Music Director, Multigenerational Choir & Tom Mirhady

This service includes recognition of members of more than 30 years.

February 12 - Love Wins a Way Out

Love wins out even in prison, says the centuries-old Elizabeth Fry Society. Katelyn Lucas, Executive Director, will share how the Society brings healing to Indigenous women prisoners through cultural methods such as ceremony, talking circles, elders, and sweat lodges. Our monthly theme of Love and Justice again brings our beloved community into dialogue, on a path towards Reconciliation.

Service Leader: Penney Kome Guest

Speaker: Katelyn Lucas

Music: Jane Perry, Music Director with UUphonia

February 19 - Shades of Love, Colours of Justice

Explore the love that calls us to work for justice and a significant piece of that work that is tied to colour – race – blue/white collar – green economy ...

Presenter: Debra Faulk

Service Leader: Lynn Nugent

Music: Leslie Buckle

February 26 - Standing On the Side of Love

This slogan was first used by UUs back in 2004 in the US as a rally cry for marriage equality and has taken on broader meanings denominationally. The goal is the harnessing of love's power to challenge exclusion and oppression of all kinds.... and it is a song too.

Presenter: Debra Faulk

Service Leader: Brian Dorscht

Music: Jane Perry, Music Director with UUphonia

4-Others for February

4 Others is a social justice outreach program that financially supports non-profit initiatives that align with our values. Each month, half the unidentified and all the identified money collected at church services will be donated to that month's designated non-profit/organization. The selected organization must have charitable status. The 4 Other's recipient for February are: Sharing Our Faith (Feb 5th) USC (Feb 12th & 19th) Theological Education Fund (Feb 26th).

Debra's Deliberations



Several years ago, I was invited to offer some reflections about my faith tradition, Unitarianism, to Oraynu, a Jewish Humanist congregation in Toronto. I shared some of the philosophical foundations that trace back almost 2000 years and were named Unitarian some 500 years ago. This tradition is based on the foundations of reason, the demand of the individual to think and query, to follow curiosity; acceptance of diversity of perspective, tolerance in traditional language; and freedom, the capacity for self-determination and seeking purpose.

I used exemplars and heroes to demonstrate a faith based on deeds, not creeds; who demonstrated by their living the possibility of striving for justice in community motivated by an inner sense of purpose rather than externalized judgment. During the question and answer time I was asked if there are no precepts of behavior, what calls you to act?

This is no small question, it is a question that focuses on self-motivation and as we recognize that ultimate authority rests with the individual, we are fiercely independent folks, we also recognize that we are a part of an amazing interconnected web of existence.

With this month's theme of Love and Justice I find myself reflecting on what I feel is a classic read, *The Prophetic Imperative: Social Gospel in Theory and Practice* by Richard S. Gilbert. He contends that our movement lives under a prophetic imperative, a religious mandate for the corporate address of the church to the systematic problems of society. He puts a choice before us all: "the continued privatization of our religious lives - or the potential revival of prophetic, socially engaged living."

Gilbert, a humanist, is clear about what he feels to be one of Unitarian Universalism's most important tasks in reflecting that Ralph Waldo Emerson said: "There is 'a crack in everything God has made,'" Gilbert writes. *I submit that one of the central missions of the Unitarian Universalist movement is trying to fix these cracks, repairing the world and creating the Beloved Community of Love and Justice. The inner urge to work in the service of this vision I call the prophetic imperative, the sewing together of spirituality and social action as a seamless garment.*

This prophetic imperative is profoundly articulated in the new CUC (Canadian Unitarian Council) vision statement "We, as Canadian Unitarian Universalists, envision a world in which our interdependence calls us to love and justice. As Canadian Unitarian Universalists, we aspire to be: Deeply Connected. Radically Inclusive. Actively Engaged. Theologically Alive. Spiritually Grounded."

Social justice has always been at the core of this faith tradition and I look forward to a month of exploring more deeply both what this means and how we can move it into action. I am so looking forward to the journey.

Finally, a plug - let this deliberation be an invitation to you to participate in the events of Interfaith Harmony week. In addition to the many site visits and event, there is an opportunity to participate on a Habitat for Humanity build.

Namaste, Debra

Debra's Hours

Office Hours:

Wednesday 10am – 6p.m.

Thursday: 9a.m. – 5p.m.

(Drop-in tea with the minister 2:00-3:00)

Other times please book an appointment.

(403) 702-6486

Shavings from the Board

The Board is currently involved in three exciting initiatives which will help grow our congregation. They are:

- Welcoming Young Adults, led by Carly Gaylor and Asha Pilar for the CUC, to help make our congregation more attractive to young adults.
- Learning from Saskatoon. They used a CUC Sharing our Faith grant for public relations. They have updated their public image and have revamped how they are letting their community what's happening in their congregation. This is leading to higher attendance and better visibility.
- Discussing the changes implemented at Hillhurst United Church. That congregation has undergone a complete resurrection over the last ten years, The Board is discussing what can be learned from Hillhurst's journey. The Board welcomes participation from the wider membership in all three of these initiatives.

The annual Stewardship campaign will be starting in a few weeks. The creative team leading this important project is assembling now but would love to have some more talent join them – please contact chairman Greg O'Neill (stewardship@unitarianscalgary.org) if you are interested in taking part.

On the weekend of October 17-19, 2017, we will be hosting the Western Region Fall Gathering (WRFG). Unitarians from Thunder Bay, Manitoba, Saskatchewan and Alberta will all be coming to Calgary to participate in our conference. If you'd like to become part of the team which will make this event successful, please contact me. We are looking both for whole-event organizers (this is a great achievement to put on a resume, by the way) as well as task-based volunteers.

-John "Mich" Michell, President of the Board of Trustees



February 2016 Kudos!

This month we recognize and thank:

The people who helped with Catherine Martini's Celebration of Life- Marie Collins, Christopher Fietz (A/V), and Dean Kasner (reception coordination).

Second Sunday Supper Team for again providing an awesome dinner.

Donna Antonio for making sure the water/candles of concern are fresh.

The Board of Trustees for the so many behind the scene things they do!

Mary Anna Louise Kovar for making beautiful pastoral care cards.

The anonymous caring shawl knitters.

Refugee sponsorship committee potluck organizers Jamie Davison and Wendy Benson.

The Tribute Band (Greg O'Neill, Hedda Zahner, Dave Bradt, and Cora Castle) for lending their talent to the January 15 "Spirituality of Leonard Cohen" service.

The folks coordinating our Sunday service groups – Eric Leavitt (coffee making and cleanup), Donna Antonio (service preparation), Leslie Buckle (Welcoming), and Brandis Purcell (ushering), and all who volunteer to do the jobs on Sundays.

Ev Dewar for her role in the PowerPoint slides for Sunday service.

This is just a sampling of the many people who contribute in numerous ways to our community. When you catch someone in the act of kindness and service please share the info by emailing Kudos@unitarianscalgary.org.

♪ UpBeat News with Jane Perry ♪

There are lots of ways to get more music into your life, whether as a participant or an audience member. Read on!



Multigenerational Choir will hold its third of three rehearsals on Sunday, February 5 at 9:30am in Panabaker Hall. The choir will then sing at the 10:30am service. Because February is Black History Month, we've been working on songs by black artists, including Ben Harper and Ziggy Marley. All are welcome to join us at our February 5 rehearsal to enjoy this amazing music with us!

An Afternoon of Chamber Music. Sunday, February 12 at 3:00pm in Panabaker Hall. Calgary Philharmonic Orchestra cellist Tom Mirhady returns to the UCC stage with the Springbank Trio for an afternoon of music by Ravel, Shostakovich, Chopin and Tchaikovsky. The Springbank Trio is Laurie Syer (violin), Tom Mirhady (cello) and Jamie Syer (piano.) With pianist Jane Perry. Tickets are available in Wickenden Hall on Sundays after the morning service or online at www.brownpapertickets.ca: \$25 regular, \$20 senior/student or pay what you can. Free for those age 17 and under. Info: tickets4uccmusic@gmail.com

Rhapsody In Blue. Saturday, March 25 from 6:30pm to 8:30pm in Wickenden Hall. This stylish church fundraiser allows you to step into a 1930s speakeasy, complete with gangsters, dames, food and drink and a live swing band. Put on your best 1930s threads and join the costume contest! Food by chefs Joan Brown and Bev Webber, and music from the five-piece swing band Jazz On The Side, led by pianist Jane Perry. Ticket sales for this event will resume on Sunday, February 12. There is an early-bird price until March 1, so buy early! Info: tickets4uccmusic@gmail.com.

Join UUphonia! If you love to sing and you love to laugh, then UUphonia is the place to be this semester! Our 35-member mixed-voice choir is in the midst of preparing for its annual Cabaret on April 28 and 29, plus learning some beautiful anthems for Sunday services. No audition required — just show up at our Thursday-at-7:30pm rehearsal and we'll give you a warm welcome! Info: Music Director Jane Perry.

Resident choirs in concert!

One Voice Chorus presents its Rainbow Cabaret on Saturday, February 4 at 7:30pm at the Unitarian Church of Calgary. Doors open at 7:00pm. Cash bar and refreshment stand. Tickets (available through www.onevoicechorus.ca) are \$20 regular and \$15 senior/students.

Calgary Renaissance Singers & Players perform a noon-hour concert as part of the ProArts@Noon concert series. Wednesday, February 22 from 12:10pm to 12:50pm at the Cathedral Church of the Redeemer (corner of 1 Street SE and 7 Avenue.) Admission is free.

Creativity and Kids

Creativity Guests in the Children's program have been THE BEST!!

January 8th: Tom Mirhady and his cello

...and making instruments.....



January 15th: Cathy Welburn teaching us that we are all storytellers



January 22nd: Ann Kyle had us DANCING!



On Feb. 5 the MultiGen choir will sing the Prelude. Heather Walker invites all children age 3-Kindergarten to join her on Feb. 12 and March 12 for a special program to create a Peter Rabbit Garden.

The month of Feb. will have the children celebrating how Famous Unitarians have lived lives of **Love and Justice**. We are looking forward to a visit from Dr. Lotta Histchmanova on Feb. 12. Watch for the transformation of the **Love and Justice Tree**!

We hope to have a short play for the congregation about Stone Soup. Please join us for a new tradition: a soup lunch the 4th Sunday of the month following the service. **February 26th is Stone Soup Sunday** hosted by the Children's program; the children will be preparing and serving the soup. If you'd like to support their efforts, please bring a vegetable, a small amount of rice, lentils or herbs to contribute to the soup.

UU Pub Night
Every First Wednesday
February 1st / March 1st, 7pm-9:30pm

If you haven't yet come to Pub Night - it's time. Come join us Wednesday, February 1st and March 1st by the fire in the lower level of Getto Boys where it's cozy and quiet. Enjoy a good selection of drinks and food, including many gluten free and vegetarian options, and every bit of scintillating conversation you can bring. We can have a table for just socializing and another table for those who want more of a theological conversation - something for everyone.

Parking is available on the east side of the building. Hope to see you there!
 7pm February 1st / March 1st, Lower Level Getto Boys 720 16th Ave NW.

Moving with Spirit:
Dances of Universal Peace and Sacred Circle Dances

with Ronnie Joy Leah, Sunday afternoons, 2-4:30 pm, Wickenden Hall March 26, April 23

Everyone welcome, regardless of ability or experience. No need to register, just drop in, to cost is a free will offering. All are invited to join the circle and dance, to celebrate the spirit within all of us, to experience the joy of connecting with music, song and movement. The dances will deepen our understanding of themes explored in Sunday Services and Reflections. They create sacred space for peace, healing and community celebration -- with our bodies, voices and spirits.

Ronnie Joy is an educator, activist and workshop facilitator. Ronnie Joy is a teacher of Sacred Circle Dance and she is being mentored in the Dances of Universal Peace.

Support UCC By Purchasing Co-Op Gift Cards

The church receives:

- 4% of gift card orders totaling less than \$500
- 6% of gift card orders totaling \$5000 - \$9999
- 9% of gift card orders totaling \$10,000 or more.

These can be used either as gifts or for your own purchases of groceries, gas or liquor at Co-op grocery and liquor store!

Gift card orders - Sunday, February 5, 2017

Gift card pickup - Sunday, February 12, 2017

If you have not purchased a gift card before, here is how to do it:

1. On the first Sunday of the month, bring cash or a cheque to church, payable to the Unitarian Church of Calgary. Place your order at the table set up in Wickenden Hall before or after the service. If you are not going to be at church on the first Sunday of the month and we don't already have post-dated cheques from you, please leave your cheque in Coop Card/Fruit Cake Cheques mail slot in the church office.
2. The gift cards will be distributed on the second Sunday of the month. If you are unable to pick up your card on that day, you can collect it on the next Sunday.
3. Use the gift cards like cash when you make purchases (groceries, gas or liquor) at Calgary Co-op. You receive immediate cash discounts with gas purchases that can be used in Co-op stores. If you become a member of the Calgary Co-op you also receive dividends at the end of each year! That's how easy it is!

Any questions? Contact: Ev Dewar ev.dewar@kogawa.com Sheila Ward sggward@shaw.ca Frances Schaink blue.sky@infovisi.com

News from Your Caring Team

The Caring team tends to the hearts of the congregation by coordinating the acknowledgment and support for members and friends as they experience life's joys and challenges. We nurture a sense of belonging and participation in our community by sending cards. Requests for cards for those experiencing a celebratory event or a loss can be directed to either Debra or Liz Blackstock.

We are very fortunate to have a group of skilled and generous women in our church who crochet and knit shawls for those in need of some warmth and comfort. Three of these shawls were given to various people this month.

In December, the Caring Cooking Connection team put 63 meals into the freezer for those in need. The next event is February 9th, from 3 to 7 PM. Thank you to all of you who so generously participated in our previous event and hope that we can count on your support again. Regardless of culinary skill, all are welcome to participate in this rewarding experience of team work for a good cause, with soup and biscuits to follow. Contact caring@unitarianscalgary to sign-up or for more information.

The Caring Committee is putting together another batch of blessing bags and we need your help! Blessing Bags are small bags of toiletries i.e. shampoo, deodorant, body lotion, razors, soap, toothbrushes, band aids, socks, feminine hygiene products, toothpaste, etc. These bags are for our church community and those outside our church community who need these items. With your kind generosity, we can provide this service for those in need. There will be a designated box available at the church for your donations. Thank you for your ongoing support.

Honouring Long-Time Members

Did you know there are over thirty people who have been members of our congregation for 30 years or more?! During the service on **February 5th** we will honour them and have a celebration cake during coffee time. Please join the celebration!

UCC's Secret Buddy Program Unites Our Beloved Community



Matching up willing adults with children for a Secret Buddy Exchange in our community has been a tradition for many years here at the Unitarian Church of Calgary. It is an opportunity for adults who do, and who do not have children in the nursery, children's program or youth program to become a friend with a child who currently is a part of the CYRE program. It is also an opportunity for both children and adults to learn about many of the amazing stories of famous Unitarian Universalists who have had an impact on history in Europe, the UK, the USA and Canada. This relatively small denomination through its history has had a disproportionate impact on world events and in the fields of science and the arts.

On February 12th, the adult and child partners will be given their secret UU identities. From Feb. 19-March 26 the children and adults will exchange letters (and other small items) **every Sunday**. On March 26th, we have the Big Reveal where the partners will meet each other face to face.



What Does It Mean To Be A People of Love & Justice?

The theme for this month is the Canadian Unitarian Council's Sharing Our Faith (SoF) theme that will be used by congregations across Canada. This Reflections includes many of their worship resources and quotes, as well as additional resources. The following is an excerpt from the SoF packet created by the Rev. Fiona Heath, former CUC Board member and Chair of the Vision Task Force. It is supported by material from Canadian UU ministers and individual Unitarians. (The full SoF packet is available at cuc.ca)

We, as Canadian Unitarian Universalists, envision ***a world in which our interdependence calls us to love and justice.*** As Canadian Unitarian Universalists, we aspire to be: Deeply Connected. Radically Inclusive. Actively Engaged. Theologically Alive. Spiritually Grounded." This vision for Canadian Unitarian Universalism was affirmed at the CUC Annual General Meeting in May, 2016. Arising from the foundational theology of our seventh principle, "respect for the interdependent web of all existence", this vision asks us to live this principle through actions of love and justice.

We are beginning to learn to live interdependently, to care for water and air as essential to life, to be inclusive of all kinds of people, to be aware of how each action we take ripples out into the world. Embodying the experience of connection may take a lifetime to learn, to truly live in the radical interconnectivity of all that is.

As we live from an ethic of interdependence, we hear the call of love and justice. The world needs – now more than ever – human societies based on loving connection not hate and division. Seeking justice for all people helps grow a loving, sustainable system

Much of this month's Reflections Guide is drawn from the CUC Sharing Our Faith Packet. This packet was created by the Rev. Fiona Heath, former CUC Board member and Chair of the Vision Task Force with support material from Canadian UU ministers and individual Unitarians.

Where a Canadian Unitarian Council maple leaf chalice symbol is displayed after the name of a writer, it indicates that he or she is Canadian or has served a Canadian congregation as their minister.



Spiritual Exercises

Option A

Visualization Exercise, Thich Nhat Hanh

Do this exercise a few times over the month:

Get comfortable on your chair. Settle into your body. Close your eyes and breath deeply.

Breathe out three times.

See yourself holding a round orange tangerine that slowly changes into a blossom on a tangerine tree.

Sense how the tree is bathed in the light of the golden sun and then covered with soft cool rain.

Notice how the blossom becomes a small green fruit that grows into the orange tangerine.

See and smell the tangerine in your hand.

Breathe out one time.

Imagine yourself peeling the tangerine and eating a piece of it, knowing that as you do so, you are being part of the sun, the rain, the tree, and all of the Creation.

Take one last deep breath and then open your eyes.

Come to the sharing circle with a few thoughts about doing this spiritual exercise this month.



Option B

Understanding Our Stereotypes

Our understanding of justice is often based on how we perceive others, which can be warped by stereotypes. Has your upbringing shaped your impressions of Indigenous people (whether you are non-Indigenous, Indigenous, or multi-cultural)? Think back to when you were growing up: What did you know about Indigenous peoples? Who did you learn it from?

If you would like to help stimulate your thinking, watch the Thomas King's video (15 minutes) **I'm Not the Indian You Had in Mind** (5:28). Thomas King is a novelist and also wrote the non-fiction work *The Inconvenient Indian: A Curious Account of Native People in North America*. In Thomas King's words, his film "challenges the stereotypical portrayal First Nations peoples in the media. This spoken word short offers an insight of how First Nations people today are changing old ideas and empowering themselves in the greater community."

Watch the video, and then either on your own (writing in a diary or making some personal notes afterwards), or with a trusted friend (spend time talking about):

- What stereotypes of Aboriginal people did you grow up with?
- Where there any surprising moments in the video when you recognized a stereotype you still hold, and if so what was it?
- How might these impressions affect your ability to engage in dialogue about the history of colonization, including the Residential School system in Canada, and its effects?

Come back to the group with something you learned about how our upbringing can affect our understanding and experience with what is involved in the process of reconciliation.

Option C

Justice from Love; Love from Justice

Bishop Carlos Belo, East Timorese Catholic Priest, 1996 Nobel Peace Prize Winner said, "Justice from Love, and Love from Justice." How have you experienced "justice from love, and love from justice"? Spend at least 15 minutes thinking and/or journaling on those experiences in your own life. Come back to the sharing circle with a few thoughts about doing this spiritual exercise and how it has influenced how you understand love and justice in the world.

Option D

Practice Love and Justice

Using your own spiritual practice, take time to reflect on, meditate on, and/or pray about how to be more intentional in how you practice love and justice in your life. See what arises within you and decide on one thing you will do in response over this month. Perhaps it will be an action to support justice inspired by love. Come back to the group with something you are willing to share about this spiritual experience.



Your Question

As always, don't treat these questions like "homework" or a list that needs to be covered in its entirety. Instead, simply pick the one question that "hooks" you most and let it lead you where you need to go. The goal of these questions is not to help you analyze what expectation means, but to figure out what being a person of expectation means for you today. So, which question is calling to you?

1. Who showed you the relationship between love and justice when you were growing up?
2. Unitarians draw on the source "words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love." Who are those prophetic women and men that have inspired you and do inspire you?
3. Sometimes we know about justice because of the transforming power of love in our lives. Whose love has helped you believe that the world can be a fairer, kinder place? What actions have they inspired you to do?
4. Sometimes we know about love and justice because we have experienced when they have both been absent. Can you think of such a time in your life or in the life of someone you care about? How did it influence you to live as a result?
5. The arts have a powerful influence in our culture. What book, film, poem, song, or other creative expression has influenced how you think about love and justice?
6. How does God show you how to live love and justice in your life? What has been your response?
7. What do you think motivates us to engage in justice work? What stops us?
8. "Standing on the Side of Love" is a public advocacy campaign that seeks to harness love's power to stop oppression. The Unitarian Universalist Association sponsors this campaign. Standing on the Side of Love is also a very popular hymn in many UU communities. What does it mean to you to Stand on the Side of Love?

Inspirational Quotes:

We are called to *embody* interdependence, to give our principles substance through our actions and the physical world in which we act.

- Keith Wilkinson, Canadian Unitarian Council Board of Trustees

Never forget that justice is what love looks like in public.
Cornell West

The love for justice that is in us is not only the best part of our being but it is also the most true to our nature.
Cesar Chavez

Every time we witness an injustice and do not act, we train our character to be passive in its presence and thereby eventually lose all ability to defend ourselves or those we love. Julian Assange

If you want peace, work for justice. Pope Paul VI

True peace is not the absence of tension, it is the presence of justice. Martin Luther King Jr

Look more deeply, and you will see yourself as multitudes, penetrating everywhere, interbeing with everyone and everything. - Thich Nhat Hanh

Justice from Love, and Love from Justice

- Bishop Carlos Belo, East Timorese Catholic Priest, 1996 Nobel Peace Prize Winner

To be hurt. Yet forgive. To do wrong. But forgive yourself. To depart from this world leaving only love. This is the reason you walk. - Wab Kinew, Anishinaabe broadcaster and university administrator, and hip-hop musician



Canada is a test case for a grand notion – the notion that dissimilar people can share lands, resources, power and dreams while respecting and sustaining their differences. The story of Canada is the story of many such peoples, trying and failing and trying again, to live together in peace and harmony. But there cannot be peace and harmony without justice.

- Opening of NFB film on the 1996 Royal Commission on Aboriginal People

Power without love is reckless and abusive, and love without power is sentimental and anemic. Power at its best is love implementing the demands of justice, and justice at its best is power correcting everything that stands against love. *Martin Luther King Jr*

By acting compassionately, by helping to restore justice and to encourage peace, we are acknowledging that we are all part of one another. *Ram Dass*

A commitment to love and justice demands the transformation of social structures and well as of hearts. *Mary E. Hunt*

How can you love those who have stolen from you, assaulted or abused you, or tried to blow you up and completely destroy you? How can you forgive those who have kidnapped, tortured and killed someone you love? Yet this is where reconciliation has to begin.

Andrew Feather, 'Father, Forgive: Reflections on Peacemaking

We can either emphasize those aspects of our traditions, religious or secular, that speak of hatred, exclusion, and suspicion or work with those that stress the interdependence and equality of all human beings. The choice is yours.

Karen Armstrong, Twelve Steps to a Compassionate Life

The work of community, love, reconciliation, restoration is the work we cannot leave up to politicians. This is the work we are all called to do. - Shane Claiborne

Recommended Resources:

As always, this is not required reading. We will not analyze or dissect these pieces in our group. They are simply meant to get your thinking started, and maybe to open you to new ways of thinking about what it means to be "a people of Creation".

Watch: "What is Reconciliation?" Video from Murray Sinclair, the chair of the TRC:

<https://vimeo.com/25389165>

Look at: 'Imagine Canada: Celebrating Youth-Visions for Reconciliation

<http://tinyurl.com/hft6l4r>

Watch 14 year old Royce Mann – there are many YouTube videos available – this one for MLK Day:

<http://tinyurl.com/hqkp2tw>

<http://www.uua.org/ga/program/highlights/ware-lecture> The Ware Lecture happens at the Unitarian Universalist Association General Assembly every year. It is presented by contemporary voices for justice. The list is impressive – highlights 2012 Van Jones; 1966 Martin Luther King Jr.



Selections for Stories for All Ages

"The Great Kapok Tree" by Lynne Cherry

"One day, a man exhausts himself trying to chop down a giant kapok tree. While he sleeps, the forest's residents, including a child from the Yanomamo tribe, whisper in his ear about the importance of trees and how "all living things depend on one another" . . . and it works."

"Earth Mother" by Ellen Jackson

"The circle of life turns in unexpected ways. Earth Mother awakes with the dawn. As she walks the land, swims the seas, and climbs the mountains, nurturing all of creation, she comes across Man, Frog, and Mosquito. They each give her thanks for nature's bounty, yet can't help but give her advice about making their lives better. Everybody's got an opinion, it seems, and Earth Mother is amused when it becomes clear that the circle of life is not without a healthy dose of cosmic humor."

Books

Justice: What's the Right Thing to Do? - Michael J. Sandel

The Hidden Ground of Love: The Letters of Thomas Merton on Religious Experience and Social Concerns - William H. Shannon

Be the Change: Poems, Prayers, and Meditations for Peacemakers and Justice Seekers - Stephen M. Shick

Justice, Not Just Us: Faith Perspectives and National Priorities - Gerald Vandezande

Less Law, More Order: The Truth about Reducing Crime - Irvin Waller

Movies About Justice

PRIDE Based on a true story, the film depicts a group of lesbian and gay activists who raised money to help families affected by the British miners' strike in 1984, at the outset of what would become the "Lesbians and Gays Support the Miners" campaign. [On Netflix]

<http://marxsite.com/socialjusticemovies.html> This site offers a great listing of movies with a justice theme.

<http://tinyurl.com/goztpfo> Online University's list of powerful social justice films.

Music

<https://www.amnesty.org.au/10-songs-for-social-change>

<http://tinyurl.com/hd4zz98> Listen to Willie Nelson's new song protesting Donald Trump

<http://www.jtmp.org/> (JTM stands for Justice Through Music) When you click on the songs listed, the site takes you to the lyrics.

UN World Interfaith Harmony Week

The City of Calgary Declares February 1st - 8th Interfaith Harmony Week

Opening Ceremony: City Hall Atrium 6:00pm February 1st (our own Rev Debra will MC)

Open Houses at many Houses of Faith during the week including UCC Tea & Tour

Thursday February 2nd 2:00 – 4:00 (let Rev Debra know if you can co-host with her)

Interfaith Habitat for Humanity Project Build Days February 4th & 7th and special Building Sacred Bridges Concerts February 11/12. For more details, visit: Calgary Interfaith Council website:

<http://tinyurl.com/h79typv>

or see posters in Wickenden and flyers on welcome table.

Second Sunday Supper Updates

January's Second Sunday Supper was a success, with approximately 40 people in attendance all of whom had a terrific time. What would we do without our dedicated volunteers? The cooks and helpers spend most of the day in the kitchen preparing for this supper and there are others that do the set up and cleanup. A very special thank you goes out to all the dedicated people who volunteer their time to make this supper happen.

No Sunday supper on February 12th.

Instead, there will be An Afternoon of Chamber Music (3:00 – 5:00)

March 12th Special Irish Supper with Surprises

The incredible cooking crew offers amazing fare: they shop, cook, and serve while the rest of us enjoy the lovingly prepared food for a donation. You are invited to assist them with set up and clean up. Please be sure to sign up by the Thursday before. If you sign up and then cannot attend, please let us know. This event requires a few volunteers: 2-3 to set up and 5-6 to clean up. Many hands make light work. Please take your turn! Sign up and Volunteer in Wickenden or sss@unitarianscalgary.org

Green Sanctuary Movie Night: "Written on Water" on February 17th

The Green Sanctuary committee of the Unitarian Church of Calgary, in partnership with the Calgary Permaculture Guild, invites you to join our 2017 environmental film series. Our next screening features the film, "Written on Water".

What: Green Sanctuary Environmental Movie Night, Conversation and Dessert!

When: Friday February 17, 2017 6:30-9:00 PM

Where: Unitarian Church of Calgary, 1703 1st Street Northwest, Calgary

Cost: Donations accepted at door to cover costs

Please bring dessert to share.



Come to the Death Cafe

Death Café is a relaxed and safe place where people can drink coffee, eat snacks and discuss death, dying and grief. It's about embracing life more fully as your awareness of death increases.

Join us in Wickenden Hall at the Unitarian Church on **Saturday, FEBRUARY 18/2017 from 1:30 to 3:30 pm** for conversation about life and death, in a relaxed environment. This Death Café, will be facilitated by Bev Webber, one of our Lay Chaplains. They are extremely popular, so while there is **no charge**, advance registration is **REQUIRED**. This event is sponsored by the Lay Chaplain Committee.

Silent Auction

What Time or Talent Can You Donate?



This year our Time and Talent (T&T) auction will allow bidding on your wonderful offerings after the service on 3 separate Sundays, February 26th, March 5th and March 12th.

Bidding sheets will be prepared and laid out at church on these Sundays, outlining details on each item offered. And then as of 12:15pm on March 12th, the bids will close, winners will be notified and the money collected for services and items won.

While we hope this event will provide fun opportunities for members to interact with each other, we also hope that it will be a good fundraiser. However, people with no money are welcome to bid future church volunteer hours up to a maximum of 8 hours per person, valued at \$10 per hour.

Here is a list of some of the exciting items up for auction:

- | | |
|--------------------------------|---|
| Guided bird watching | Supervised day at the zoo for two kids |
| Stuffed pasta cooking class | 2 tickets to the Opera, Turandot |
| Vintage port tasting | 2 tickets to the Renaissance Singers |
| Homemade blueberry cream flans | Healing touch sessions |
| Raclette dinner for up to 8 | "Harry Potter" custom wand |
| Cases of white and red wine | Custom calligraphy |
| Wooden hand crafted yarn bowl | Murder mystery evening |
| Italian dinner for up to 8 | Computer training |
| Riding lessons | Sunday service topic |
| Cello house concert | 2 Tickets to Cabaret 2017 |
| Crocheted cabin boots | UUphonia or Chor Vida anthem |
| Art classes | Medicine card reading |
| | Service on the Spirituality of "Musician X" (and you select the musician) |

You most likely have a service or talent you have not considered, but that would be valued by someone else. What about donating chess or bridge lessons or a learn to knit session, or a ride on a motorcycle? Or what about a week at your cottage or timeshare, or a dog sitting weekend?

All ideas are welcome – Blank bidding Sheets are available in Wickenden after the service till Feb. 19th and on the home page of the UCC website. Just complete the upper section and put in the auction mailbox in the church office - basically need a description of the item, value, minimum bid if any, and then your contact details.

Questions ? Just email t&t@unitarianscalgary.org Jane Ebbern



CALGARY INTERFAITH COUNCIL
presents
UN World Interfaith Harmony Week
2017



A WEEK OF INTERFAITH LEARNING, AWARENESS, AND APPRECIATION

February 1st

6:00pm

Opening Ceremony at City Hall Atrium with Mayor Naheed
Nenshi issuing a City Proclamation

February 2nd – 5th

Congregational Open Houses & Pulpit Exchanges
(see www.calgaryinterfaithcouncil.org for a list of dates and times)

February 2nd

8:00am

Interfaith Breakfast - co-sponsored by Council of Christians
& Jews at Beth Tzedec Synagogue, featuring Rev. Kayko
Dreidger-Husslein, “*Multifaith, Not Interfaith Families*”

February 4th & 7th

Habitat for Humanity Interfaith Build Days. Sign up by contacting Les Sawatsky
at Les.sawatsky@shaw.ca

February 6th

2:00 - 4:00pm

Presentation: “*Dancing on a Ray of Light: Transsexuality and other Border Crossings*”
at University of Calgary

3:30pm

“*Fifty Stories of Faith*” at Wild Rose United Church. Sharing of stories about faith’s im-
pact on Canada

7:00pm

Community Hub workshop, co-sponsored by United Way, at
Beth Tzedec Synagogue

February 7th

7:00pm

Closing Dinner co-sponsored by the Intercultural Dialogue
Institute at Anatolia Restaurant - **RSVP by February 3rd**

February 8th

7:00am

Daybreak Contemplative Service at Hillhurst United Church

February 11th

7:00pm

Building Sacred Bridges Concert at Knox United Church

February 12th

7:00pm

Building Sacred Bridges Concert at Beth Tzedec Congregation

ALL EVENTS ARE FREE AND OPEN TO THE PUBLIC To RSVP and for more
information, contact www.calgaryinterfaithcouncil.org or call 403-255-8688

Sharing Our Faith - The For Others Recipient on February 5th

Each year, our national organization, the Canadian Unitarian Council (CUC), encourages all congregations to hold a Sharing Our Faith service during which a special collection is done.

The CUC administers the Sharing Our Faith collection. The money collected is given back in the form of grants to congregations for projects they may otherwise not be able to afford to undertake. These projects enhance ministry, growth and/or outreach for that congregation and for the Unitarian and Universalist movement. Grant applications are due by March 31 of each year with all required documents and the application forms are available on the CUC website.

Since 2001, Sharing Our Faith has awarded over \$145,000 to congregations and our Calgary congregation has received \$9500 of this. Calgary initiatives that Sharing Our Faith grants have supported include:

- additional salary dollars to hire a music director in 2011
- salary support for a Youth Programs Coordinator in 2008
- programming funds for an RE Spirit Play in 2006

We intend to apply for a Sharing our Faith grant this year for funding to update our logo, provide a common graphics look across all our materials and improve external marketing.

Please give generously to the For Others Sharing our Faith collection this month.

~Jane Ebborn, CUC Board Trustee



February 2017 Volunteer of the Month Wendy Benson

Members of our church community who have worked with Wendy describe her as:

- very helpful in planning and in creating policy
- thorough, detail oriented
- generous with her organizational and computer expertise
- superb organizational skills
- patient, diplomatic
- a pleasure to work with
- great at herding cats!

As secretary for the Refugee Sponsorship Committee Wendy set up the email distribution lists and the Dropbox file sharing. She takes minutes at meetings, offers Dropbox training, and helps the group to keep focused and moving forward. Wendy shares her knowledge and experience from working with immigrants and refugees in the past. As a dietician, she provided the food cost estimates in the refugee sponsorship budgets.

As a member of the Adult Religious Education committee Wendy took minutes, monitored program registration, and worked on planning and policy development. Her background in adult education is an asset to the committee. Her most recent project, an updated and streamlined program brochure, will be useful to newcomers and long term members alike.

Wendy was active in the church's first community kitchen some years ago. She set up the structure, including guidelines for food safety. The group greatly benefited from her organizational skills.

Wendy was on the ministerial search committee that brought us Rev. Debra Faulk. She took on the huge task of assembling the congregational packet for prospective applicants, a sales pitch for Calgary and our congregation.

In addition, Wendy served as Board Secretary 2010-12, as a Welcome Table volunteer, on the Communications Committee, and on committees planning for regional and national Unitarian conferences.

Congratulations Wendy and thank you for all that you do!

February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			11:00 AM-B-Staff meeting 02:00 PM-B-Membership Committee 06:15 PM-1-BarberEllas 07:00 PM-P-CRSP rehearsal	209:30 AM-P-Springbank Trio 02:00 PM-W-Tea & Tour w/Debra 05:00 PM-7-COSM 07:00 PM-P-UUPhonia rehearsal	310:00 AM-1-Painting lessons 06:00 PM-P-OVC Rainbow rehearsal	401:00 PM-B/K/P/W-OVC Rainbow Caber 02:00 PM-1-Raging Grannies
508:00 AM-P/W/K-Worship 01:30 PM-4-Young Adult wksp 04:00 PM-P-AV Testing w/ Vocal Lat	612:00 PM-P-Piano Lessons 05:30 PM-W-Alto sectional 07:00 PM-P-OVC 07:00 PM-B-Green Sanctuary committ 07:00 PM-W-Wild Rose Sangha	706:30 PM-P-Vocal Latitudes rehears	810:00 AM-W-Needlework 11:00 AM-B-Staff meeting 04:00 PM-B-Marketing Group 05:00 PM-W-CYPT 06:00 PM-B-Board Meeting 06:30 PM-1-Raging Grannies 07:00 PM-P-CRSP rehearsal 07:30 PM-4-AJC	903:00 PM-K-Caring, Cooking party 05:00 PM-B-TLC Facilitators 06:00 PM-1-CYPT 07:00 PM-P-UUPhonia rehearsal	1010:00 AM-1-Painting lessons	1110:00 AM-W-CYPT 06:00 PM-1-CP w/ Amber 06:00 PM-W-Covenant of Gaia
1208:00 AM-P/W/K-Worship 08:30 AM-4-Refugee Spship committe 12:00 PM-Bk/B/P-Chamber music conc 03:30 PM-W/K-2nd Sunday Supper	1312:00 PM-P-Piano Lessons 05:30 PM-W-Alto sectional 06:45 PM-1-Arthritis Support Group 07:00 PM-P-OVC 07:00 PM-W-Wild Rose Sangha	1406:30 PM-P-Vocal Latitudes rehears	02:30 PM-W/K-MacG Reconciliation 04:30 PM-B-Social Justice Committee 07:00 PM-P-CRSP rehearsal	1607:00 PM-P-UUPhonia rehearsal	1710:00 AM-1-Painting lessons 05:00 PM-W/K-Green Sanctuary	1808:00 AM-W-Quilt Blitz Day 01:30 PM-P/K-Death Cafe
1908:00 AM-P/W/K-Worship 02:00 PM-W-Sacred Web Singers	2012:00 PM-P-Piano Lessons 05:30 PM-W-Alto sectional 07:00 PM-P-OVC 07:00 PM-W-Wild Rose Sangha	2106:30 PM-P-Vocal Latitudes rehears 07:00 PM-W-Council of Canadians	2210:00 AM-W-Needlework circle 12:00 PM-NR-TLC Prairie Sky 06:00 PM-4-CYPT 06:00 PM-1-JMC 06:30 PM-7-Raging Grannies 07:00 PM-P-CRSP rehearsal	2307:00 PM-P-UUPhonia rehearsal	2410:00 AM-1-Painting lessons 07:00 PM-Listening to Music	2510:00 AM-1-CYPT 06:00 PM-W-Contra Dance
2608:00 AM-P/W/K-Worship 12:00 PM-1-TLC with Ev Dewar 12:00 PM-B-TLC w/ Duff & Lynn 01:00 PM-P-OVC sectional rehearsal 01:30 PM-W-Dancing with Spirit	2712:00 PM-P-Piano Lessons 05:30 PM-W-Alto sectional 07:00 PM-P-OVC 07:00 PM-B-Finance Committee 07:00 PM-W-Wild Rose Sangha	2806:30 PM-P-Vocal Latitudes rehears				

How to Reach UCC Staff

Minister

Rev. Debra Faulk
debra@unitarianscalgary.org
 403 702-6486 (cell)

Director of Religious Exploration /
 Youth Program Coordinator
 Shannon Mang
dre@unitarianscalgary.org
 403-607-8645

Music Director

Jane Perry
music@unitarianscalgary.org

Church Administrator

Martha Mantikoski
office@unitarianscalgary.org
 403-276-2436
 Monday -Wednesday & Friday
 9am to Noon
Office closed Thursdays



Publishing the Quest

The UCC Quest is published 11 times per year by the Unitarian Church of Calgary. Electronic copies are available at www.unitarianscalgary.org/newsletter/. Submissions of articles, photographs, and event announcements are encouraged. Questions about the Quest, please email, quest@unitarianscalgary.org.

The Quest Deadline is the 15th of every month except for July/August.

ENEWS

The ENEWS is normally published via email once a week on Wednesday. Material for the ENEWS must be submitted by Tuesday midnight. If you would like to receive the ENEWS, please email enews@unitarianscalgary.org

Booking Rooms

As our Church gets busier it is important that if rooms are needed they are booked in advance. Space can be reserved either by filling out the online booking form found here <http://unitarianscalgary.org/calendar/#form> or by contacting the Church Administrator at 403-276-2436 or office@unitarianscalgary.org

Lay Chaplains: **Carl Svoboda** and **Beverly Webber**

Our Lay Chaplains are trained to perform rites of passage, such as weddings, funerals/memorial services, child dedications, etc. They are available to provide such services for a fee to the wider community. (Services for Unitarian Church of Calgary members are provided by the minister.) Our lay chaplain can be contacted by calling the church at 403-276-2436 or via email, laychaplains@unitarianscalgary.org.

The Caring Team

The Caring Team provides support to the members, friends, and families of the congregation. If life has you stressed because of illness, hospitalization, moving, we can help. If you have something to be celebrated, such as a graduation, marriage or new child, we are there with you. We are all part of the Caring Team! Need support, have a concern, or want to be of service? Contact caring@unitarianscalgary.org

Monthly Co-Op Card Fundraiser

Each month we will take Co-op Gift Card orders on the first Sunday. Bring cash or a cheque to church unless we already have your post-dated cheques. Cheques are payable to the Unitarian Church of Calgary. A table will be set up in Wickenden Hall place your order there before or after the service. The cards will be distributed following Sunday.

Please continue to support this valuable fund raiser for our church! Contact: Ev Dewar ev.dewar@kogawa.com, Sheila Ward sggward@shaw.ca or Frances Schaink blue.sky@infovisi.com