



# REFLECTIONS RECONCILIATION

Theme Based Ministry Newsletter of the Unitarian Church of Calgary  
Volume 3 Issue 2 • February 2016

## ***What Does It Mean to Be a People of Reconciliation?***

For many of us in Canada, our first thought is to link the theme of 'reconciliation' to the Truth and Reconciliation Commission of Canada, and working toward reconciliation with Metis, Inuit, and First Nations peoples. Indeed, the Canadian Unitarian Council's "Sharing Our Faith" theme for this February is 'Truth, Healing and Reconciliation,' and selections from their materials are included herein. The full packet is available on the CUC website under "Sharing our Faith."

Reconciliation has deep implications for our relationships with the First Nations communities in Canada, and also for our lives on many levels. We live in the world that is as full of brokenness as it is of beauty: news stories of war, poverty, corruption and tragedy; personal stories of families and friendships defined by hurt, anger, and animosity; and more organizations and charities looking for our help to heal the world than ever before. Where do you hear the call to reconciliation? How do you respond? I know there are times when I see and hear all the needs and feel overwhelmed and uncertain the difference one person can make.

And yet, as Unitarians, we have faith in the potential and capacity to make a difference. We trust that in our own worth and dignity, our actions matter; and we believe that collectively, our horizons are broadened and our strength renewed.

Our world is aching for reconciliation between people and peoples, and with the earth that is our home. May this February bring opportunities for reconciliation for us all in our living, loving, and growing. And may this community be a support so that together, we can reach for deeper and wider healing than we could possibly achieve alone.

Warmly, Carly

*With sincere thanks to UU Ministers of Canada who collectively shared ideas and resources for this packet.*

### **February Services: Sundays 10:30am**

**February 7<sup>th</sup>**  
**When Reconciliation Eludes Us**

**February 14<sup>th</sup>**  
**Building Bridges with "Our National Church"**

**February 21<sup>st</sup>**  
**The History of a Congregation, the Future of a Nation**

**February 28<sup>th</sup>**  
**Spirituality of Buffy Sainte-Marie**

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## Upcoming Services

*\*All services are Sunday mornings at 10:30am\**

### *Sunday, February 7, 2016* **When Reconciliation Eludes Us**

Reconciliation isn't easy. Whether interpersonal, national, or international in scale, it invites us into new relationship and requires us to change our perspectives and actions.

Presenter: Rev Carly Gaylor

Music: Music Director Jane Perry,

### *Sunday, February 14, 2016* **Building Bridges with "Our National Church"**

Drawing largely on an inspiring sermon given by Rev. Brian Kiely of Edmonton, let us reflect on how attending the CUC annual conferences are key to building relationship bridges across our country.

Presenter: Jane Ebborn

Music: UUphonia and Music Director Jane Perry

### *Sunday, February 21, 2016* **The History of a Congregation, the Future of a Nation**

After spending two and a half years building relationships with First Nation foster children, a caseworker and an elder, I spent 3 days reading our church's history on First Nation relationships. The results were sobering and the call to action strong.

Presenter: Danielle Webber

Music: UUphonia and Music Director Jane Perry

### *Sunday, February 28, 2016* **Spirituality of Buffy Sainte-Marie**

In this service, we explore the life and music of the legendary Buffy Sainte-Marie: award-winning and ground-breaking musician, visual artist, educator, social activist, and Canadian Cree. Part of a continuing series of "Spirituality Of" services about musicians who have made a difference.

Presenter: Music Director Jane Perry and friends

Music: the Tribute Band: Greg O'Neill, Dave Bradt, Hedda Zahner, Cora Castle, and Jane Perry



## February's Spiritual Exercises

### OPTION A

Spend Time with the final report of the Truth and Reconciliation report at this site. The various reports are indexed and provide summaries. Read the words of the survivors of the Residential School system and try to imagine what experience would have been like. <http://www.trc.ca/websites/trcinstitution/index.php?p=890>

### OPTION B

Consider this practice suggested by Franco Santoro. How might you use it in your life?

“Whenever I express my views, thoughts or anything I deeply believe, I will welcome any opposing view or thought. I will listen with caring attention to what the other says, accepting it no matter how different or antagonistic it seems to be.

I will also deeply and sincerely thank them.

I will abstain from feeling accused or judged.

I will acknowledge the other as my shadow, an integral part of me who has accepted to relate with me.

I believe that a vision in order to manifest requires its opposite, the other polarity.

If my vision is truly holistic, I am not in a condition to oppose any alternative vision.

I intend to learn to accept what appears to be opposite, no matter how unpleasant or contrary it is. I believe that only in the paradox of this acceptance, in releasing the urge to be right, unity can be experienced and manifested.

I have tried all other options, and they have not worked, and this is the only I have left.

And for this purpose I am open to be patient, promoting the gestation of this healing process, for I know that all is one.”

### OPTION C

Consider a Broken Relationship and Journal About It...

What matters to you? What are you willing to sacrifice?

### OPTION D

“Kintsugi is a pottery technique. When something breaks, like a vase, they glue it back together with melted gold. Instead of making the cracks invisible, they make them beautiful. To celebrate the history of the object. What it's been through. And I was just... Thinking of us like that. My heart full of gold veins, instead of cracks.” ~ Leah Raeder, *Cam Girl*

Take a piece of china or pottery (you decide how precious it is to you) and smash it. Then, put it back together again, using various kinds and colours of glue, paint, and grout. As you do so, consider how where something is mended, it may become more beautiful.

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## OPTION E

Host a Reconciliation Dialogue in your home with family, neighbours, and/or colleagues. Reconciliation Canada provides a Community Action Toolkit: The 6-page Kitchen Table Dialogue Guide is found at [http://reconciliationcanada.ca/reconciliation-begins-withme/downloads/CommunityActionToolkit\\_KitchenTable.pdf](http://reconciliationcanada.ca/reconciliation-begins-withme/downloads/CommunityActionToolkit_KitchenTable.pdf)

## OPTION F Express yUUrself! Join the Canada-wide community art project

Print out the [flame template](http://cuc.ca/wp-content/uploads/2011/10/ExpressYUUrself_FlameTemplate_SOF.2016.pdf) provided onto cardstock. [http://cuc.ca/wp-content/uploads/2011/10/ExpressYUUrself\\_FlameTemplate\\_SOF.2016.pdf](http://cuc.ca/wp-content/uploads/2011/10/ExpressYUUrself_FlameTemplate_SOF.2016.pdf)

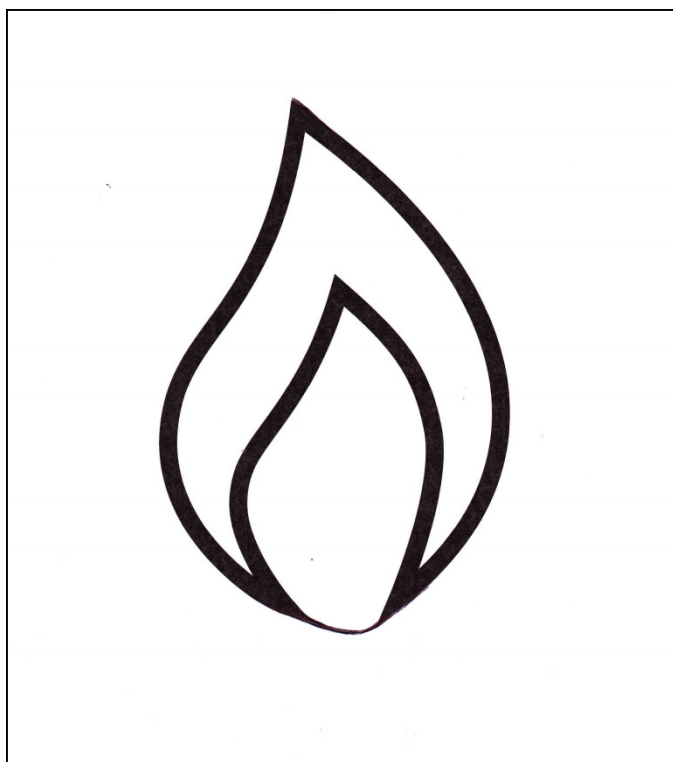
Reflect on the following questions:

**What action(s) have I taken on the journey of truth, healing and reconciliation between Aboriginal and Non-Aboriginal people in this congregational year?**

**What is one step I commit to taking this next year in that journey?**

Cut out the flame, write your name, your congregation (or where you're from), and one action or step you took, and/or one you commit to take. Then decorate it! Use colours, text, sparkle, whatever you feel best expresses those commitments. Feel free to decorate both sides of the cardstock flame, if you are so inclined.

We will be using all the flames from UUs across Canada to form one great flaming chalice in Vancouver for the CUC's National Conference, May 20-22, 2016. Send it with someone who is attending, or, even better, come to Vancouver for the Conference and bring it with you and deliver it in person to our project table!



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~ Melvin Hoover

## For Inspiration

*Chalice Lighting  
Inspired by Leaf  
Seligman*

*May this chalice hold the flame of compassion, shedding light on the possibility of healing between and among people of the earth. May this flame inspire us to walk humbly with one another, choosing reconciliation over resentment as we strive to live in right relationship. Let there be the light of reconciliation.*

*Table Grace*

*Inspired by George Kimmich Beach  
As we prepare to eat the meal before us, we remember the many processes in which this food sustains and heals us. And let us also consider how the hidden processes of healing and growth do their silent work within us, and to let the quiet work of reconciliation be renewed among us. Because we know that the ultimate issues of life—healing and growth, reconciliation and renewal—we seek the quiet of understanding. Because we live with mystery, we trust that, just as this food strengthens our bodies, love will steady us and rekindle our spirits, and will not let us go.... Amen.*

*"We can't change the past, but we can learn from it and build on it.*

*We can't control the future, but we can shape it and enhance the possibilities for our children and grandchildren...*

*We can explore our spectrum of relationships and confront our complacency and certainty about the way things are.*

*We can dare to face ourselves in our entirety,  
to understand our pain,  
to feel the tears,  
to listen to the frustration and confusion,  
and to discover new capacities and capabilities that will empower and transform us."*

Reconciliation means working together to correct the legacy of past injustice. ~ Nelson Mandela

Reconciliation is about ensuring that everything we do today is aimed at that high standard of restoring balance in the relationship between Aboriginal and non-Aboriginal people. ~ Justice Murray Sinclair, Chair, Truth and Reconciliation Commission of Canada (TRC)

To reconcile is to weave a stronger and more vibrant social fabric, based on the unique and diverse strengths of Canadians and their communities." ~ Chief Robert Joseph, Ambassador for Reconciliation Canada, TRC Honorary Witness, and Residential School Survivor

Reconciliation should be accompanied by justice, otherwise it will not last. While we all hope for peace it shouldn't be peace at any cost but peace based on principle, on justice. ~ Corazon Aquino

Before Nelson Mandela was arrested in 1962, he was an angry, relatively young man. He founded the ANC's military wing. When he was released, he surprised everyone because he was talking about reconciliation and forgiveness and not about revenge. ~ Desmond Tutu

In history, the moments during which reason and reconciliation prevail are short and fleeting. ~ Stefan Zweig

When I'm speaking of love, when I'm speaking of reversing hate, I'm speaking not only of reconciliation - even I don't use that word - I use another word in Spanish, that's called 'reencuentro' - it's not reconciliation. 5  
~ Michelle Bachelet



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Reading #637

A Litany of Atonement, from Singing the Living Tradition

For remaining silent when a single voice who have made a difference,  
We forgive ourselves and each other and begin again in love.

For each time that our fears have made us rigid and inaccessible,  
We forgive ourselves and each other and begin again in love.

For each time we have struck out in anger without just cause,  
We forgive ourselves and each other and begin again in love.

For each time our greed has blinded us to the needs of others,  
We forgive ourselves and each other and begin again in love.

For the selfishness which sets us apart and alone,  
We forgive ourselves and each other and begin again in love.

For falling short of the admonitions of the spirit,  
We forgive ourselves and each other and begin again in love.

For losing sight of our unity,  
We forgive ourselves and each other and begin again in love.

For those and for so many acts both evident and subtle which have fueled the illusion of separateness,  
We forgive ourselves and each other and begin again in love.

The practice of peace and reconciliation is one of the most vital and artistic of human actions. ~  
*Thich Nhat Hanh*

Reconciliation is a part of the healing process, but how can there be healing when the wounds are still being inflicted? ~ *N. K. Jemisin*

The pattern of the prodigal is: rebellion, ruin, repentance, reconciliation, restoration. ~ ~ *Edwin Louis Cole*

An emancipated society, on the other hand, would not be a unitary state, but the realization of universality in the reconciliation of differences. ~  
*Theodor Adorno*

The process of reclaiming the self is one of reconciliation with meaning. ~ *Tariq Ramadan*  
Chimps are very quick to have a sudden fight or aggressive episode, but they're equally as good at reconciliation. ~ *Jane Goodall*

Given the scale of trauma caused by the genocide, Rwanda has indicated that however thin the hope of a community can be, a hero always emerges. Although no one can dare claim that it is now a perfect state, and that no more work is needed, Rwanda has risen from the ashes as a model of truth and reconciliation. ~ *Wole Soyinka*

We owe the Aboriginal peoples a debt that is four centuries old. It is their turn to become full partners in developing an even greater Canada. And the reconciliation required may be less a matter of legal texts than of attitudes of the heart. ~ *Romeo LeBlanc*

If the world would apologize, I might consider a reconciliation. ~ *Mason Cooley*

Reconciliation requires changes of heart and spirit, as well as social and economic change. It requires symbolic as well as practical action. ~ *Malcolm Fraser*

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I would hope that understanding and reconciliation are not limited to the 19th hole alone. ~ *Gerald R. Ford*

The work of community, love, reconciliation, restoration is the work we cannot leave up to politicians. This is the work we are all called to do. ~ *Shane Claiborne*

Moments of kindness and reconciliation are worth having, even if the parting has to come sooner or later. ~ *Alice Munro*

The thing is, you cannot ask people to coexist by having one side bow their heads and rely on a solution that is only good for the other side. What you can do is stop blaming each other and engage in dialogue with one person at a time. Everyone knows that violence begets violence and breeds more hatred. We need to find our way together. I feel I cannot rely on the various spokespersons who claim they act on my behalf. Invariably they have some agenda that doesn't work for me. Instead, I talk to my patients, to my neighbors and colleagues--Jews, Arabs--and I find out they feel as I do: we are more similar than we are different, and we are all fed up with the violence. ~ *Izzeldin Abuelaish*

If there is to be reconciliation, first there must be truth. ~ *Timothy B. Tyson*

I knew that to really minister to Rwanda's needs meant working toward reconciliation in the prisons, in the churches, and in the cities and villages throughout the country. It meant feeding the hungry, sheltering the homeless, caring for the young, but it also meant healing the wounded and forgiving the unforgivable. ~ *John Rucyahana, The Bishop of Rwanda: Finding Forgiveness Amidst a Pile of Bones*

Propensities and principles must be reconciled by some means. ~ *Charlotte Brontë, Jane Eyre*

My gut feeling says he needs a second chance. Like we all do. ~ *Mary E. Hanks, Winter's Past*

With all the differences and misunderstandings, meeting halfway is the only way to show that both of you are willing to sacrifice a portion of yourself for the benefit of both... ~ *NerD\_Seyer*

A little bit of affection goes a long way toward reconciling one with the world. ~ *Marty Rubin*  
A healthy nation is measured by its level of

reconciliation. Reconciliation between people with God and people among themselves! ~ *Dr Paul Gitwaza*

Reconciliation is the most significant level of life's maturity! ~ *Dr Paul Gitwaza*

Many people today agree that we need to reduce violence in our society. If we are truly serious about this, we must deal with the roots of violence, particularly those that exist within each of us. We need to embrace 'inner disarmament,' reducing our own emotions of suspicion, hatred and hostility toward our brothers and sisters. ~ *Dalai Lama XIV*  
Remember, confrontation is about reconciliation and awareness, not judgement or anger. ~ *Dale Partridge*  
Forgiveness is the virtue of the courageous, the response of the forgiven, the mercy of the just. ~ *Ron Brackin, Forgive Your Way to Better Health, Greater Productivity, and World Peace*

Why not laugh again, and let your joy be my monument? ~ *stephanie roberts, As We Are*  
Since science and religion provide two different perspectives on the human situation, they must ultimately be able to be reconciled. ~ *Jeremy Griffith, Beyond The Human Condition*

It is then he realises that certain things loom larger than forgiveness and reconciliation: memory, for one, and history, bloody history. ~ *Omar Musa, Here Come The Dogs*

How can you love those who have stolen from you, assaulted or abused you, or tried to blow you up and completely destroy you? How can you forgive those who have kidnapped, tortured and killed someone you love? Yet this is where reconciliation has to begin. ~ *Andrew White, Father, Forgive: Reflections on Peacemaking*

The overall purpose of human communication is - or should be - reconciliation. It should ultimately serve to lower or remove the walls of misunderstanding which unduly separate us human beings, one from another. ~ *M. Scott Peck, The Different Drum: Community Making and Peace*

*Without community, there is no liberation...but community must not mean a shedding of our differences, nor the pathetic pretense that these differences do not exist.* ~ *Audre Lorde*

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resources

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Thomas King, *The Truth About Lions and An Inconvenient Indian*

## Articles on Reconciliation

Arthur Manuel, *Unsettling Canada: A National Wake-Up Call*

### Online

<http://cuc.ca/wp-content/uploads/2014/03/CUC-Expression-of-Reconciliation.pdf>

The Gender Reconciliation International program fosters new dimensions of transformational healing and reconciliation between women and men. <http://www.genderreconciliationinternational.org/>

Reconciliation Canada engages Canadians in dialogue and transformative experiences that revitalize the relationships among Indigenous peoples and all Canadians.

<http://reconciliationcanada.ca/>

Website of the Truth and Reconciliation Commission:

<http://www.trc.ca/websites/reconciliation/index.php?p=312>

Justice Sinclair speaks with the CBC about the final report of the TRC:

<http://www.trc.ca/websites/reconciliation/index.php?p=312>

A groundbreaking arts partnership looks to the past & future for new dialogues between Aboriginal and non-Aboriginal peoples in Canada <http://canadacouncil.ca/aboriginal-arts-office/reconciliation>

What is a bank reconciliation? <http://tinyurl.com/jtjnqo9>

The Sacrament of Reconciliation Explained:

<https://www.youtube.com/watch?v=QtbpOERgMvk>

The Failure of Reconciliation, Taiaiake Alfred (University of Victoria, BC) <http://taiaiake.net/2014/05/14/the-failure-of-reconciliation/>

Rwanda: From Hatred to Reconciliation <http://tinyurl.com/zgcfg8x>

### Books

Michael Asch, *On Being Here to Stay: Treaties and Aboriginal Rights in Canada*

Marie Battiste, *Decolonizing Education: Nourishing the Learning Spirit*

Glen Sean Coulthard, *Red Skin, White Masks: Rejecting the Colonial Politics of Recognition*

Jill Doerfler, *Those who Belong: Identity, Family, Blood, and Citizenship Among the White Earth Anishinaabeg*

Tom Flanagan, *Beyond the Indian Act: Restoring Aboriginal Property Rights*

Pamela D. Palmater, *Beyond Blood: Rethinking Indigenous Identity*

Paulette Regan, *Unsettling the settler within: Indian residential schools, truth telling, and reconciliation in Canada*

John Ralston Saul, *The Comeback*

Leanne Simpson, *Dancing On Our Turtle's Back: Stories of Nishnaabeg Re-Creation*

Annis May Timpson, *First Nations, First Thoughts: The Impact of Indigenous Thought in Canada*

Truth and Reconciliation Commission of Canada, *Final Report of the Truth and Reconciliation Commission of Canada, Volume One: Summary: Honouring the Truth, Reconciling for the Future*

Desmond Tutu, *No Future Without Forgiveness*

Betty Smith, *A Tree Grows in Brooklyn*

Boori Pryor, *Maybe Tomorrow*

Simon Wisenthal, *The Sunflower: On the Possibilities and Limits of Forgiveness*

The Dalai Lama, *Toward a True Kinship of Faiths: How the World's Religions Can Come Together*

John Paul Lederach, *The Moral Imagination: The Art and Soul of Building Peace*

Rupert Ross, *Returning to the Teachings: Exploring The Aboriginal Justice*

### Children's Books

*I Am Extremely Absolutely Boiling* by Lauren Child

*Lilly's Purple Plastic Purse* by Kevin Henkes

*Now Everybody Really Hates Me* by Ross Chast

*Now I Will Never Leave the Dinner Table* by Ross Chast

*Once there was a Boy* Hardcover by David Leffler

*The Day the Crayons Quit* by Drew Daywalt

*The Forgiveness Garden* by Lauren Thompson and Christy Hale



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## Movies

Changing Lanes (2002:15)

The story of what happens one day in New York when a young lawyer and a businessman share a small automobile accident on F.D.R. Drive and their mutual road rage escalates into a feud.

Dead Man Walking (1995:15)

A nun, while comforting a convicted killer on death row, empathizes with both the killer and his victim's families.

Invictus (2009: 12A)

Nelson Mandela, in his first term as the South African President, initiates a unique venture to unite the apartheid-torn land: enlist the national rugby team on a mission to win the 1995 Rugby World Cup.

Quiz Show (1994:15)

A young lawyer, Richard Goodwin, investigates a potentially fixed game show. Although Charlie, a big time show winner, has disappointed his father and caused disgrace to the family, his father accompanies and supports Charlie at the congressional hearings.

Reconciliation (2009)

The provocative story about an estranged father and son struggling to overcome the heartbreaking consequences of their past.

Reconciliation (2012) Three people with vastly separate lives and vantage points share an interconnecting narrative of grief, loss, and hope following 9/11. <https://vimeo.com/34647517>

The Mission (1986:PG)

18th century Spanish Jesuits try to protect a remote South American Indian tribe in danger of falling under the rule of pro-slavery Portugal. Priest Rodrigo emerges from his climb up the falls to be forgiven and accepted by the very people he had sinned against.

The Straight Story (1999:U)

Alvin Straight's slow, arduous journey on his lawn tractor to bring reconciliation with his brother is a powerful witness to the patience and tenacity that is required if we are to make things right; if we are to tear down walls that separate.

Wee Willie Winkie (1937)

Princess Williams (Shirley Temple) travels to India to live with her grandfather. After a series of adventures, she wins the hearts of everyone by challenging prejudicial assumptions, leading to a negotiated peace between two enemies.

## Music

Amen, Leonard Cohen <https://www.youtube.com/watch?v=MsYd08wQGil>

Blank Page, Christina Aguilera <https://www.youtube.com/watch?v=1xD8GaONsu0>

Hard to Say I'm Sorry, Chicago <https://www.youtube.com/watch?v=zqq3tW3iACw>

Prodigal Son, Rolling Stones <https://www.youtube.com/watch?v=YKIkpzWV90Y>

Reconciliation, Steven Universe (Ruby and Sapphire make up) <https://www.youtube.com/watch?>

[v=uOhaJNUhPG4](https://www.youtube.com/watch?v=uOhaJNUhPG4)

Reconciliation, Alpha Blondy & Tiken Jah Fakoly [https://www.youtube.com/watch?v=Wq810fqjb\\_M](https://www.youtube.com/watch?v=Wq810fqjb_M)

Song of Reconciliation, Susan Ashton <https://www.youtube.com/watch?v=Kkk-JaTcF7M>

Spanish Harlem, Laura Nyro <https://www.youtube.com/watch?v=DWVb5-LtgRY>

Sweet Forgiveness, Bonnie Raitt <https://www.youtube.com/watch?v=mq2RbR-eXVE>

## Questions to Live With

You are encouraged to engage these questions in advance of your group meeting and find the one that “hooks” you most. Then let it take you on an adventure. Live with it for the entire month. Allow it to break into—and break open—your ordinary thoughts. Then come to your Theme-Based Listening Circle (TLC) meeting prepared to share that experience with your group.

1. When have you sought reconciliation with someone else, or when someone else has sought reconciliation with you? What was the process? What made it possible, or impossible?
2. Have you ever experienced a time when you felt as though you didn’t want to reconcile with someone? What do you understand about that?
3. Do you believe that there are such things as irreconcilable differences?
4. Have you ever “reconciled yourself” to something? What were/are the circumstances?
5. What does reconciliation do with the hurt/scars/damage done when relationships have broken?
6. How does power, or perceived power, play into the process of reconciliation?
7. If the other party(ies) are unwilling to work toward reconciliation, what peace/healing are you able to find?
8. What does reconciliation require? Fairness? Justice? Truth? Repentance?
9. How have your impressions of aboriginals been shaped in your upbringing? How might these impressions affect your ability to engage in dialogue about the History of the Residential School System in Canada and its affects?
10. Which group do you feel most strongly connected to? This could be a group of people that are associated through shared nationality, ethnicity, religion, social class, gender, generation or locality. How might your shared values with this group affect your ability to engage in dialogue about the History of the Residential School System in Canada and its affects?
11. Are there any aspects of your culture that you believe would inhibit or inspire your ability to learn about the history of the Residential School System?

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Coloring is Good for Kids AND Adults! Here's a coloring page that's good for the young and the young-at-heart. It's a great way to reconcile your outer adult with your inner child while relieving stress. Try this as an additional spiritual exercise for the month of February: turn off the electronics an hour before bed, grab your colored pencils, crayons, etc and have a little fun! These online articles discuss all the benefits of this practice.

<http://www.cnn.com/2016/01/06/health/adult-coloring-books-popularity-mental-health/>

<http://www.theguardian.com/lifeandstyle/2015/aug/17/coloring-books-adults-therapists-opinions>

<http://www.medicaldaily.com/therapeutic-science-adult-coloring-books-how-childhood-pastime-helps-adults-relieve-356280>



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Looking Ahead Themes for 2016 *What does it mean to be a people of...*

March - **Renewal**  
April - **Revelation**  
May - **Tradition**  
June - **Revelry**

## Theme Based Listening Circles (TLCs)

You are invited to deepen your experience of the monthly theme by participating in a facilitated small group. These groups meet once a month, usually in the later part of the month to allow time to be with the theme, at various times and places in the city. If you are interested in a group, either as a facilitator or participant, please send an inquiry [tlc@unitarianscalgary.org](mailto:tlc@unitarianscalgary.org)

Current times and places include:

4th Wednesday - 1:00 - 3:00

4th Friday - 10:00-12:00 - Unitarian Church of Calgary

4th Sunday noon - 2:00 - Unitarian Church of Calgary

Many thanks to the Soul Matters Theme-Based collaborative and Canadian Theme-Based Unitarian congregations for sharing much of the content used here. This is a group effort. Your submissions of your ideas of readings, stories, videos, visual images, questions, and spiritual exercises for each month's topic are most welcome. While not everything will make it into this collection, it is useful for our worship team and our group facilitators. You can send submissions for February's topic of "Reconciliation" by February 10 to [tlc@unitariancalgary.org](mailto:tlc@unitariancalgary.org).



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*Thanks to all who contributed and deep appreciation to:  
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