

The Quest



March 2018 Services: Risk

March 4th

Risky Business this Community Thing

Building community can be risky business. We are invited to be co-creators of a possible beloved community. That means inevitable compromise and conflict. Yet we choose to engage this significant enterprise.

Presenter: Rev Debra Faulk

Service Leader: Mary Anna Louise Kovar

Music: Jane Perry, Music Director

March 18th

Is It Risk or Vulnerability?

Trying something different; being truly authentic; bringing our whole selves to community; taking a chance on relationship – risk and vulnerability seems like dance partners of sorts.

Presenter: Rev Debra Faulk

Service Leader: Hendrik Schank

Music: Jane Perry, Music Director

March 11th

Risky Business this Equality Thing

Today, is in part, inspired by the celebration of International Women's Day, with a theme of risk, we have to opportunity to explore the courage shown and the challenges faced in the struggle for gender equality.

Presenter: Mary Anna Louise Kovar

Service Leader: Lynn Nugent

Music: Jane Perry, Music Director with UUphonia

March 25th Risks of Giving

"No one has ever become poor by giving." (Anne Frank) "We make a living by what we get. We make a life by what we give." (Winston S. Churchill) These quotes might inspire, and we know that it can be a challenge.

Presenter: Rev Debra Faulk

Service Leader: Kathryn Burwash

Music: Jane Perry, Music Director with UUphonia

Today's Service includes Panabaker Award Presentation and Luncheon

Inside This Issue

Debra's
Deliberations

2

Kudos!

2/3

♪ Upbeat News

5

CYRE News

6

Reflections

8

March 2018

18

Volunteer of the
Month

Debra's Deliberations



"Deliberations" translates as long and careful consideration, reflection, contemplation, meditation, rumination; formal cogitation – this speaks also to the purpose of sabbatical, time for deeper thought, for that quality of pondering that rarely can be attained in the day to day activities of life. On the short sabbatical (six weeks) from which I just returned, along with discernment of my call and development as a minister, there were a few questions that shaped my deliberations.

What is it that draws us into community? What is the relevance of spiritual/religious congregations in this current time? Insights continue to come to awareness and will continue to be shared and inform my work; as with life, this is all work in process.

We are drawn together, I feel, by a near universal human longing for connection, for a sense of belonging. To explore our human capacity for wonder, to find meaning, to feel connected, these are the foundations of religion though some might argue, and in UU circle that is perhaps even more the case, that these are human social dynamics, rather than the exclusive domain of religion, and this is true. Yet there is something offered in a community such as ours that is more than social club or lecture.

I so appreciate how Mark Ward articulates it: "Reason is an important tool, sure — an essential arbiter of truth claims about the world. But religion is grounded someplace deeper, where we experience the joy of living and are connected intimately with all that is. Religion is an entirely human experience but one that we get in touch with using some pathway other than intellectual argument. In religion, we seek to address not just what is but also what we hope for and what we dedicate ourselves to. We rely on it to navigate the shoals of love and grief, compassion and estrangement, gratitude and disappointment, and mystery and wonder." And so many people are looking for such a place as this.

So much more to share, so much still in process.

One of the books in the stack for sabbatical reading is **Embers: One Ojibway's Meditations** by Richard Wagamese and I close these deliberations with one of the passages that has found its way into my soul:

I want to listen deeply enough that I hear everything and nothing at the same time and am made more by the enduring quality of my silence. I want to question deeply enough that I am made more not by the answers so much as my desire to continue asking questions. I want to speak deeply enough that I am made more by the articulation of my truth shifting into the day's shape. In this way, listening, pondering and sharing become my connection to the oneness of life, and there is no longer any part of me in exile.

Please contact Debra directly to chat or arrange an appointment:

debra@unitarianscalgary.org or (403) 702-6486

Note: "Tea with the Minister" on Thursdays is cancelled for now.



This month we recognize and thank:

Our thanks to Doug Eng and Anitra Mamen and their crew for coordinating the last deliciously successful Souper Sunday, and of course many, many thanks to the chefs.

Kudos to Marie Paturel and Liz Webster for their help with the service auction.

Ronnie Joy is greatly appreciated for her dance option during the Spirit Jam Sunday.

Sarah Hooper is always on hand to help Donna Antonio with Panabaker set up; thank you both.

Ruby Gaudet, an active member of the Junior Youth Group helps her dad with the outdoor sign, helps her parents with coffee set up, and always volunteers for the Winter Pageant. Ruby also helped with the slicing and dicing for the Christmas Cake fundraiser. Thank you so much.

Kudos to Hedda Zahner, Donna Antonio Charlene Hoepfner Judy Osborne and Linda Brown for their hard work "orchestrating" the Tom Mirhady Concert. Posters, Ticket Sales, recruiting volunteers etc. Many thanks also to everyone who helped with set up, clean up and finally the providers of the snacks.

Thank you to Duff Bond and her crew consisting of O.J.Zawalsky, Hedda Zahner, Liz Blacksock Alistair Preston, Mich Michell Fay Giroux, Penney Kome and Jamie Davison who hosted the Interfaith Tea on February 4th. Many thanks to those who brought in snacks.

Congratulations to the Social Justice Committee for their successful Movie night. Over 100 people attended.

This is just a sampling of the many people who contribute in numerous ways to our community. When you catch someone in the act of kindness and service please share the info by emailing Kudos@unitarianscalgary.org.

Kudos for the Puzzle of Interdependence

For February 2018, with the theme of Interdependence, we did something different with the Wayside Pulpit – we made a sign that captured the spirit of interdependence not just in words but in its creation.

The sign is made up of separate puzzle, and each piece was decorated by a different member of our community. The artists are: Bernie Amell, Martin Berka, Jack Blackstaffe, Milo Blackstaffe, Sam Blackstaffe, Duff Bond, Leslie Buckle, Ev Dewar, Sabrina del Ben, Simon Dunn, Maddie Dunn, Gorham Hussey, Mary Jane Hussey, Ben Gaudet, Jeb Gaudet, Ruby Gaudet, Lisa Hurtle, Evangeline Jordan, Barbara Lane, Morrigan MacMaster-Weir,

Tom Mirhady, Donna Antonio, Lisa Piepgrass, Matilda Russell, Nicola Russell, Elsie Shumate, Lucy Shumate, Heather Walker, and Hedda Zahner. Thank you to all who participated!

The completed pieces were joined together into a colourful, eclectic puzzle that is our Wayside Pulpit for the month of February. The sign reflects how a community of unique pieces can come together to make something beautiful.

One piece, in the upper right-hand corner, is deliberately missing. The missing piece reflects the invitation of the words – an invitation to join in the puzzle of building an interdependent community made up of colourful, unique individuals and to create something meaningful together. The completed sign will be on display outside our building for the month of February and then will find a home in the hallway outside our Religious Exploration classrooms.



Our Hands, Our Hearts, Our Dreams

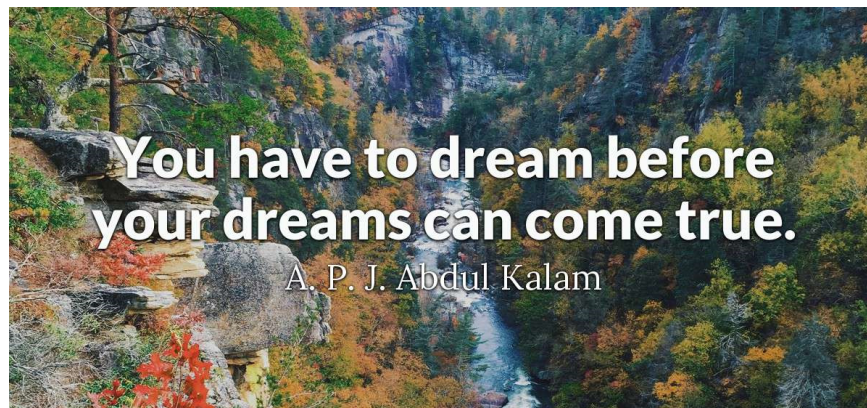
March is the time for our annual Generosity Campaign. This is when we all have a chance to make a pledge for financial support we plan to give to our beloved community for the next church year, as well as volunteer roles we can offer to fulfill.

The theme for our campaign this year is “Our Hands, Our Hearts, Our Dreams”. Together we can make a difference, using our hands, following our hearts, to achieve our dreams.

On March 11, your Stewardship Team will pass you brochures which we hope will inspire generosity in each heart. Let’s make sure that in the year to come, we’ll have abundant resources for vibrant Sunday Services, as well as programs that promote spiritual growth, build beloved community, and empower our children and youth; resources also for outreach and social justice, and for sharing our abundance where it’s most needed.

On March 25, you are invited to our Commitment Sunday Service, where we can each offer a pledge of our best efforts in support of this community, and our best financial support to meet our goals. Bring your hands, hearts, and dreams with you to this service.

Our generosity can lead to our dreams being fulfilled. Then we can put together a plan and a budget that we can all feel glad of at our Annual General Meeting on May 6.



Get ready for the Climb for Wilderness!

Every Earth Day for more than a decade, CU members have participated in the Climb for Wilderness, the annual April fundraiser for the Alberta Wilderness Association. Our own Doug Engh has consistently been among the top earners in this event. Since the AWA went paperless in 2017, all information including registration is now available online. This is a friendly reminder for those who want to participate -- now is the time to start training and to go online to register. Stay tuned for more suggestions in April.



**CLIMB
FOR WILDERNESS**

Historical Highlight

Bridging the Gap



34-year-old Dwight Brown was called to serve as the Calgary Church's minister in 1961. In August he arrived from New Jersey with his young family, and his installation ceremony took place on November 5. He was the first settled Unitarian minister in Calgary since William Irvine resigned to pursue a political career at the end of 1919.

The Board, inexperienced at supervising a minister, required him to keep a log of his working hours and submit a written weekly report to the Chair, Ed Wolf. For the week ending November 6, 1961, he reported working 64¾ hours for the Church. Among his duties, he drove to Edmonton for a meeting and to give a ride to 76-year-old William

Irvine who was to be one of the speakers at his installation.

Irvine's participation in the installation was a bridge spanning a 41-year gap. He died the following year, just in time to see the formation of the New Democratic Party. Dwight Brown went on to serve several U.S. congregations and held several administrative positions with the Unitarian Universalist Association. He died in 2012. (Source: Unitarian Church of Calgary fonds, Glenbow Archives, M-7508-100)

Jim Bowman, History and Archives Committee

March's 4-Others: The Meow Foundation

Did you know that thousands of cats and kittens are killed in Canadian animal shelters each year and thousands more are starving on the streets? MEOW Foundation's unique multi-faceted approach offers an effective, humane and sustainable solution to the problem. To date, we've helped more than 14,000 cats and kittens. With your help, we hope to double this number by 2019.

- In addition to our Rescue and Adoption program, MEOW Foundation offers a subsidized Spay/Neuter Assistance Program (SNAP), Cat Food Assistance Program and Trap-Neuter-Return (TNR) Program for cats living in the Calgary community. MEOW Foundation also offers cat care information and spay/neuter education to the public to promote responsible pet ownership and reduce the problem of pet overpopulation. MEOW is the oldest and most experienced Calgary-based no-kill foundation specializing specifically in cat care and behaviour.
- We rescue only stray and abandoned cats and provide every cat and kitten with the love, attention and care they need until a well-suited permanent home is found.
- All our cats are spayed/neutered, vaccinated and microchipped (permanent ID) prior to adoption. Even after you bring your new furry friend home, we'll be available to provide any needed support and answer any questions you might have. We believe that through the dedication and compassion of people across the planet, we will create a society that respects the animals with whom we share the world. Together we can Make Each One Wanted.



♪ UpBeat News with Jane Perry ♪



This March at Calgary Unitarians...

A Celtic Cabaret! Friday, March 16 at 7:00pm and Saturday, March 17 at 7:00pm in Panabaker Hall. What better way to celebrate St. Patrick's Day weekend than hanging out with your friends at a Celtic-themed kitchen party with 150 people? UUphonia presents its ever-popular annual musical revue, this year featuring music from Ireland, Scotland, Newfoundland and Nova Scotia. You'll hear tunes from bands like The Pogues and the Proclaimers, melodies from singer-songwriters like Dougie MacLean and Ron Hynes, and wonderful old tunes like Loch Lomond and Danny Boy. Come ready to sing! And yes, there will be a cash bar --- Guinness, anyone? Tickets will be available at Sunday coffee hour starting on February 25, or send an e-mail to uccmusictickets@gmail.com to add your name to the guest list!

The Coffee Choir was a grand success in its inaugural three-week run in the month of February! Thanks to all who came out to sing. Music Director Jane Perry is discussing future singalongs with the members of the group -- stay tuned!

And out in the community...

One Voice Chorus hosts "Dinner With OVC" on Saturday, March 3 in Wickenden Hall. Chef Janey Bevan and sommelier John Beckel will speak about the cuisine and wine of Spain, and then a cast of flamenco dancers will entertain you, accompanied by live guitar music. And the food --- oh, the food! This is a fundraiser for OVC. Tickets are \$35. Doors open at 6:00pm, and dinner will be served at 7:00pm. To buy tickets: <https://www.brownpapertickets.com/event/3331256>

The 2018 Unison Festival Needs Volunteers! The 2018 Unison Festival for Canadian LGBTQ2+ choirs will be taking place at the Bella Concert Hall of Mount Royal University from May 18 to 21, 2018, and we are looking for cheerful volunteers to help us! One Voice Chorus and the BarberEllas are two of the host choirs, and our own Jane Perry is a Co-Artistic Director of this national festival, with Jean-Louis Bleau. If you are interested in hearing more about volunteer opportunities at Unison, please contact Festival Volunteer Coordinator Jamie Davison at volunteer@unisonfestivalunisson.ca



Religious Exploration Program

OWL Takes Flight - Kindergarten to Grade 1



•Self Worth •Sexual Health •Responsibility •Justice and Inclusivity

Our Whole Lives: Sexuality Education for Grades K-1 can help you educate your child about birth, babies, bodies, and families. You will be actively involved as your child learns through songs, stories, activities, and at-home projects that promote family dialogue.

In eight, one-hour workshops, OWL models and teaches caring, compassion, respect, and justice. It helps young children identify their attitudes, values, and feelings about themselves, their sexuality, and others' sexuality. Participants in Grades K-1 are guided by trained facilitators through an engaging curriculum that addresses age appropriate topics. In addition to a parent meeting and a parent-child orientation, parents are welcome to attend any or all the workshops with their children.

OWL is a secular curriculum, Unitarians and non-Unitarians are welcome!

The classes are a "pay what you can" donation with a recommended donation of \$40 (\$5/per class). Donations help to pay for expenses and provide a small honorarium for our volunteers who are trained OWL facilitators. It's also recommended that parents buy the "Parent Guide to Our Whole Lives K-1" which can be purchased for \$20.

For more information or to register contact OWL@unitarianscalgary.org

SPOTLIGHT ON ART

Talented artist Ruby Gaudet from our Youth program has created an alternate Calgary Unitarians logo.

The Great Book Exchange

Thank you to everyone who donated books to our February 28th Great Book Exchange! And a special thank you to Evangeline Jordan, our Elementary class member, for the great idea!



SUCCESS! A GRRRREAT Success: \$7128 Raised!

Many, many thanks to all those who offered 53 different services and items for our silent auction this February. And many, many thanks to the successful bidders who together raised \$7128 for our operations budget. I am also very grateful to Marie Paturel and Liz Webster for their help with payment collection. We hope to have all payments completed by early March so that the fun wine tastings, dinner parties, concerts, knitting sessions, birding adventures, reflexology, etc. can begin. Jane Ebbern

Thank You to Endowment Trust Fund Donors!

From January – December 2017, the Calgary Unitarians received generous donations to the Endowment Trust Fund from members and friends to honour a person or persons in their lives. We sincerely thank the following for their contributions:

Bob Spinney – in memory of June Cummings, Roger Olson, Christopher Ward, Alex Little, and Robin Williams

Jan Nelson - in memory of Joan Nelson

Sharon and Randy Henderson – in memory of Brian Dorscht

Gorham and Mary Jane Hussey – in memory of Brian Dorscht

Bernie Amell and Susan Stratton - in memory of Brian Dorscht

Marsha Haug and Eric Levitt – in honour of R. and M. McPherson

John and Marie Collins – in memory of Nikki Croft, Brian Dorscht, Iris Torfason, Beth Walker, Catherine Martini, Patti Stephen, and Joan Nelson

M. and T.M. Martini

Many thanks to these supporters for choosing the Endowment Trust Fund as a way of celebrating someone special, or just to support the Calgary Unitarians. The Endowment Trust Fund was created to support the long range financial stability of the Calgary Unitarians in perpetuity. Each year 90% of the fund's income helps finance ongoing operations. Currently, our fund is professionally managed through the Canadian Unitarian Council.

Please consider a donation to the Fund to celebrate a special event – a wedding, the birth of a child, or in loving memory of friends and family. You can drop a cheque to the "ETF" box in the church office or speak to any of the ETF trustees: John Collins, Bob Willson or Ann Kyle. All donations are tax deductible.

Ann Kyle, Secretary, Endowment Trust Fund



What Does It Mean To Be A Community of Risk?

To act is to be committed, and to be committed is to be in danger.

~James Baldwin

Risk is usually associated with the dare devils and thrill seekers. The real danger, we're told, is a life of boredom. The battle is between the bland and the bold.

Yet, as James Baldwin reminds us, it's not quite that simple. He places commitment, not thrills, at the center of the game. For him, the ones to be admired are not so much the dare devils as the dedicated ones. And that Holy Grail? Well, he suggests, maybe it's not "the exciting life" as we've been told. Maybe it's the faithful life.

And that turns everything wonderfully on its head.

From this perspective, the important question about risk (and about life) is not "Are you willing to jump off?" but "Are you willing to jump in?" Not "Are you willing to put yourself in danger?" but "Are you willing to give yourself to something bigger?" Not "Will you be daring?" but "Will you stay true?"

And the message changes too. Suddenly, it's not "Run to what's thrilling!" rather "Don't run away!"

It's all about remembering not to let the thrilling trump the faithful. As exciting as roller coasters and jumping out of planes might be, let's remember to remind each other that the most deeply rewarding risks are the ones that involve jumping into causes and putting our hearts in the hands of others. As the poet David Whyte puts it: "We are here essentially to risk ourselves in the world. We are meant to hazard ourselves for the right thing, for the right person, for a son or a daughter, for the right work or for a gift given against all the odds." Bob Marley's take is equally compelling. He writes, "The truth is, everyone is going to hurt you. You just got to find the ones worth suffering for."

And here's the twist: It's not just Baldwin's dangers, Whyte's hazards and Marley's suffering that come at us when we take the risk of living faithfully. Grace and gifts slip in there too! As the Scottish writer W.H. Murray explains,

"Concerning all acts of creation, there is one elementary truth, the ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, then Providence moves too. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favor all manner of unforeseen incidents and meetings and material assistance, which no one could have dreamt would have come their way."

How thrilling is that?!



Our Spiritual Exercises

Option A: Risk Letting Your Counter-Cultural Self Loose

Each of us have counter-cultural commitments that we don't lean into as fully as we wish. Often this has to do with a lack of courage. It's risky to be labeled "a radical." And so we downplay our pacifism. We don't make a big deal out of our veganism. In order not to be seen as the "weird parents," we've given up on those "silly" efforts to limit TV, put phones away at dinner, or just not buy cable at all. Our closest friends don't really understand what UUism is because we don't want people to think we're "evangelical." We deeply believe in reconciliation, in racial and gender equality, in all forms of justice yet how often do we mention these things?

It's not simple. And it's never easy. But not letting our counter-cultural self loose comes at a cost. So this month take the risk of letting it all hang out, or hang out to the degree that feels right to you. Maybe it's wearing your Pride Parade t-shirt to the gym. Maybe it's inviting your friends over for a vegan dinner, or even a vegan dinner with UU prayers at which you discuss the merits of drastically reducing the military budget (ok, that's a bit overboard, but you get the point.) Or how about asking a friend to come to the congregation -- not to recruit them, just so they get a better sense of this piece of your life that is so important to who you are. Or maybe it's even time for you to let your friends in the congregation know you voted conservative and why.

Come to your group ready to talk about the cost of "letting loose," and it is hoped that you also can come with a story of how the gift so out-weighed the price.

Option B: Figure Out Your Edge

The Edge Is Where I Want To Be, by Lisa Martinovic, pulls no punches. It's audacious, urgent, impatient, even pushy. Simply put, Martinovic wants us out of the middle, or "the uncooked vanilla pudding of life," as she puts it. It's dangerous to stay there she says. So, she wants to shake us awake and get us to run as soon as possible to "the edge," where true living lies.

What's *your* edge? That also is what the poem is all about. Don't just run to the edge; Figure out which edge is yours. If you're ready for *that* challenge, then here are your instructions:

Read Martinovic's poem: <http://slaminatrix.com/the-edge-is-where-i-want-to-be>

Ask yourself, "What's the message in there for me?" (And write down your thoughts)

Later (a minute, a day, a week), read the poem again

Ask yourself, "What's the message in there for me?" (And write down your thoughts)

Have a friend read you Martinovic's poem.

Ask yourself, "What's the message in there for me?" (And write down your thoughts)

After three different "hearings," some of the fog should be lifted. That edge of yours should be a bit more clear. Figure out a few steps to get yourself closer.



Option C: Resist Standing Up and Risk Sitting Down

*"Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen."
Winston Churchill*

Winston Churchill's words are indeed a celebration of the "quieter" acts of courage. Yes, the more assertive risks get most of the attention: speaking up, defending, pushing back, demanding your voice be heard. And yet, sometimes that instinct to "let them have it" isn't the brave thing to do; it's just the easiest. Sometimes speaking up is simply a way to avoid courageously listening to the other side. Sometimes putting yourself on the line to "change them" is just a sneaky way to avoid them changing us. Or a tragic missed opportunity to grow. Yes, we urge each other to "bravely keep going" and "courageously take control." Yet, there are also times when what's most needed is the risk of letting go of control and just sitting with unknowing. And so, maybe a bit more space it needed. Maybe it would do us some good to make some room for a "spiritual time out" before we leap into the louder acts of bravery. Maybe it's good to risk "letting a little more in" before we "let them have it." Here's what this spiritual assignment invites us to do:

**Find three opportunities to "sit down and listen"
when your first instinct is to "stand up and speak."**

Yes, that's *NOT* going to be easy. But it will be worth the risk! Come to your group ready to share not only what it was like to try to listen better, but also (and maybe more importantly) what it was like to better monitor (and understand) your instinct to stand up and speak.

Option D (Reconciliation Focus): The Risk of Allyship

Chantal Bryson, a lawyer working on Indigenous issues, recently spoke at Lakehead University. Her address was entitled, Allyship, Advocacy, and the Legitimate Role of Non-Indigenous Folks. In her talk she shared that as non-Indigenous folks, being an ally is a state that is achieved by an "active, lifelong, and ever-changing commitment to relationship building with Indigenous individuals and communities." [1] She thinks it's a mistake for non-Indigenous people to declare their role as an ally and suggests rather that we use our privilege to begin to center Indigenous voices and concerns.

Chantal also stressed that talking to other non-Indigenous folks about the actual lived experiences of our Indigenous peoples, about privilege and oppression is one of the best ways we can start to have a felt sense of our own privilege. It is in these conversations that we continue on in our learning as an ally. Being an ally is not without risk though, ... Chantal cautions that "this type of advocacy costs you nothing but as a committed ally, be prepared to lose something." [2] Speaking out against racism, about colonialism, about privilege can come with a consequence.

Your spiritual practice this month is to keep your ears open and find one or two opportunities to engage in at least one conversation in your family or workplace, or other social setting about the actual lived experiences of Indigenous people. Come to the discussion group ready to talk about what that was like for you and how you felt about the outcome of the discussion.



For those who are willing to engage in this work well after the month of risk is over, take the time to download the Backpocket Reconciliation Plan by Reconciliation Canada. Come up with concrete ways in which you're willing to become an ally related to the Calls to Action arising from the Truth and Reconciliation Commission's final report.

Option E: The Resource with Your Name on It

Sometimes none of the exercises speak to us. Or maybe this is an extra busy month and you need an exercise that is less extensive. If so, consider this more reflective option. Simply, take the time to read through the "Recommended Resources" section of this packet and pick the one or two of them that "have your name on it." Similar to how we work with the question section. Treat the resources as spiritual companions trying to help you hear the holy in your daily living. Come to your group and share which of the Recommended Resources lit up in neon lights as you read, watched or listened to it. And share what you think it was trying to get you to see or hear.

Your Questions

*Don't treat these questions like "homework." You do not need to engage every single one. Instead, simply look them over and **find the one that 'hooks' you most.** Then let it take you on a ride. Live with it over the next couple of weeks. **Let it wander around in your unconscious the rest of the time.** Allow it to break into--and break open--your ordinary thoughts.*

1. **Are your commitments deep and big enough to put you in danger?** (To act is to be committed, and to be committed is to be in danger. ~James Baldwin)
2. **Who in your life needs their vulnerability affirmed? Who near you is taking a risk and needs reminding that others are watching with admiration and awe? Who needs help seeing that they aren't simply exposed, but radiant?** ("What makes you vulnerable, makes you beautiful." – Brené Brown)
3. **How breakable is that heart of yours? Is it more "carefully wrapped" than you noticed? What one small risk this month might help it get some "air"?** ("Love anything and your heart will be wrung and possibly broken. If you want to keep it intact you must give it to no one, not even an animal. Wrap it carefully round with hobbies and little luxuries; avoid all entanglements. Lock it up safe in the casket or coffin of your selfishness. But in that casket, safe, dark, motionless, airless, it will change. It will not be broken; it will become unbreakable." - C.S. Lewis)
4. **How might it hurt less if you reminded yourself you picked well? If you took the time to remember that you've "found one worth suffering for"?** ("The truth is, everyone is going to hurt you. You just got to find the ones worth suffering for." – Bob Marley)



- 5. Have you fallen into more “vanilla pudding” than you thought you would? How’s “the middle” feeling to you these days?** (“Brothers and sisters,...Lose the edge and all you’ve got is middle - middle aged, middle class, middle of the road, middle management. Lose the edge and you’re dribbling along in the uncooked vanilla pudding of life.” - Lisa Martinovic)
- 6. Can you risk acknowledging your privilege?**
- 7. Have the adventures gotten a bit out of hand?** Is there a bit too much “living boldly” going on for you right now? Might it be time to take the risk of turning some adventures down?
- 8. How might that struggle of yours change if you took the risk of sitting down and listening rather than the risk of standing up and speaking?** (“Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen.” - Winston Churchill)
- 9. What about the risks of letting go? What about the boldness of taking a pass?** Sometimes deciding to walk away from the cliff is as courageous and bold as jumping off.
- 10. Are you (or someone you love) being reckless and calling it “freedom”?** (“We mistook violence for passion, indolence for leisure, and thought recklessness was freedom.” – Toni Morrison)
- 11. Are you scared? And if so, why aren’t you telling someone?**
- 12. When was the last time you referred to life using the phrase: “The thrill of it all?” Where is there room this month to make life a bit more thrilling?**
- 13. Are you putting up with recklessness?** (“Don’t be reckless with other people’s hearts, and don’t put up with people who are reckless with yours.” - Kurt Vonnegut)
- 14. How does it feel to be an “intelligent lady”?** (“[She was] an intelligent lady: a little too mature for recklessness, a little too young for caution.” - Connie Brockway)
- 15. What’s your question?** Your question may not be listed above. As always, if the above questions don't include what life is asking from you, spend the month listening to your days to find your question.

Recommended Resources

As always, this is not required reading. We will not analyze or dissect these pieces in our group. They are simply meant to companion you on your journey this month, get your thinking started, and maybe open you to new ways of thinking about what it means to be *a community of Risk*.

Risk

The Latin word comes from a Greek navigation term *rhiza* which meant “root, stone, cut of from firm land.”

Wise Words

To act is to be committed, and to be committed is to be in danger. ~James Baldwin



We are here essentially to risk ourselves in the world. We are a form of invitation to others and to otherness. We are meant to hazard ourselves for the right thing, for the right woman or the right man, for a son or a daughter, for the right work or for a gift given against all the odds. ~ *David Whyte*

To laugh is to risk appearing a fool,

To weep is to risk appearing sentimental.

To reach out to another is to risk involvement,

To expose feelings is to risk exposing your true self.

To place your ideas and dreams before a crowd is to risk their loss.

To love is to risk not being loved in return,

To live is to risk dying,

To hope is to risk despair,

To try is to risk failure.

~*William Arthur Ward*

“Let’s think about [the risk of] love. Waking up every day and loving someone who may or may not love us back, whose safety we can’t ensure, who may stay in our lives or may leave without a moment’s notice, who may be loyal to the day they die or betray us tomorrow—that’s vulnerability.” —*Brene Brown*

“To love at all is to be vulnerable. Love anything and your heart will be wrung and possibly broken. If you want to make sure of keeping it intact you must give it to no one, not even an animal. Wrap it carefully round with hobbies and little luxuries; avoid all entanglements. Lock it up safe in the casket or coffin of your selfishness. But in that casket, safe, dark, motionless, airless, it will change. It will not be broken; it will become unbreakable, impenetrable, irredeemable. To love is to be vulnerable.” — *C.S. Lewis*

I love the recklessness of faith. First you leap, and then you grow wings.

~*Rev. William Sloane Coffin*

Fear

Barnabus Browning

Was scared of drowning,

So he never would swim

Or get into a boat

Or take a bath

Or cross a moat.

He just sat day and night

With his door locked tight

And the windows nailed down,

Shaking with fear

That a wave might appear,

And cried so many tears

That they filled up the room

And he drowned.

~ *Shel Silverstein*

Only those who will risk going too far can possibly find out how far one can go.

~*T. S. Eliot*

When we walk to the edge of all the light we know, and step out into the darkness of the unknown, one of two things will happen: there will be something solid for us to stand on ... or we will learn to fly. - ~*Anonymous*

Most reckless things are beautiful in some way, and recklessness is what makes experimental art beautiful, just as religions are beautiful because of the strong possibilities that they are founded on nothing. ~*John Ashbery*

A sheltered life can be a daring life as well. For all serious daring starts from within.

~*Eudora Welty*

We have arrived at a moment of decision. What is at risk of being destroyed is not the planet itself, of course, but the conditions that have made it hospitable for human beings.

~*Al Gore*



Do we risk our environment and the health and property rights of American citizens to export a product for financial gain? Do we endanger a fragile diversity of wildlife to support finite fossil fuel rather than look for alternatives? ~Ann Whitner Pinca

“There’s a common saying among us Inuit, Tamanna Anigutilarmijuk, which means “This too shall pass.” I took solace in this thought. And in the belief that these moments, when life seems to be breaking down, often signal that we are on the edge of a breakthrough in our lives.” *Sheila Watt-Cloutier, The Right to Be Cold: One Woman's Story of Protecting Her Culture, the Arctic and the Whole Planet*

To not risk is to play the game we have already won.
~Sarah Oglesby-Dunegan

Masks

She had blue skin
And so did he.
He kept it hid
And so did she.
They searched for blue
Their whole life through,
Then passed right by - And never knew.
~ Shel Silverstein

What makes you vulnerable, makes you beautiful. ~Brené Brown

She threw away all of her masks and put on her soul.
~Anonymous

When we were children, we used to think that when we were grown-up we would no longer be vulnerable. But to grow up is to accept vulnerability. To be alive is to be vulnerable. ~Madeleine L'Engle

The day comes when remaining the same becomes more painful than the risk to grow. And when that happens there are many goodbyes. We leave old patterns, old friends, old lovers, old ideas, and some cherished beliefs. Loss and growth are so often one and the same.
~Phoebe Eng

The biggest risk is not taking any risk... In a world that is changing really quickly, the only strategy that is guaranteed to fail is not taking risks. ~Mark Zuckerberg

Even to me the issue of "stay small, sweet, quiet, and modest" sounds like an outdated problem, but the truth is that women still run into those demands whenever we find and [risk using] our voices. ~Brene Brown

I've found what makes children happy doesn't always prepare them to be courageous, engaged adults.
~Brene Brown

The risk I took was calculated. But, man, am I bad at math! ~Anonymous

From the beginning, many Aboriginal people were resistant to the residential school system. Missionaries found it difficult to convince parents to send their children to residential schools, and children ran away, often at great personal risk and with tragic outcome. *The Survivor's Speak, A Report of the Truth and Reconciliation Commission, p. viii*

And in all this continual risking, the most profound courage may be found in the simple willingness to allow ourselves to be happy along the way. ~ David Whyte

The person who risks nothing, does nothing, has nothing, is nothing. He or she may avoid suffering and sorrow, but he or she simply cannot learn, feel, change, grow, love – live. Only a person who risks is free. - Janet Rand

“Sometimes you never fully know who you are or the stuff you’re made of until you’re forced to fight for what you think is most important.” *Sheila Watt-Cloutier, The Right to Be Cold: One Woman's Story of Protecting Her Culture, the Arctic and the Whole Planet*

Whatever you can do, or dream you can do, begin it. Boldness has genius, power, and magic in it. Begin it now.” ~Goethe



Reconciliation can be a form of neo-colonialism when it becomes an opportunity for Canadians to turn the page on, or silence, Indigenous peoples' ongoing resistance to colonialism. Simpson shows that Canada's narrowly defined form of reconciliation can preclude Indigenous peoples' contention with the state. And there is much to contend yet: outstanding land claims, the state's continued sanctioning of racism and sexism through its use of the Indian Act, its abrogation of existing treaties, and the continued occupation of Indigenous territories by settler society, resource extraction companies, etc. The risk of applying Canada's narrow version of reconciliation to broader issues is that Indigenous peoples' ongoing contention with the state will be criminalized because, in the minds of settlers and according to the state, we will have no reason to challenge settler colonialism - everything will be reconciled and therefore beyond critique.

<http://tinyurl.com/a23cvmt>

Here's how to break through the perfectionism [and become a person of life-giving risk]: make a LOT of mistakes. Fall on your butt more often. Waste more paper, printing out your shitty first drafts, and maybe send a check to the Sierra Club. Celebrate messes — these are where the goods are. Put something on the calendar that you know you'll be terrible at, like dance lessons, or a meditation retreat, or boot camp. Find a writing partner, who will help you with your work, by reading it for you, and telling you the truth about it, with respect, to help you make it better and better; for whom you will do the same thing. Find someone who wants to steal his or her life back, too. Now; today. One wild and crazy thing: wears shorts out in public if it is hot, even if your legs are milky white or heavy. Go to a poetry slam. Go to open mic and read the story you wrote about the hilariously god-awful family reunion, with a trusted friend, even though it could be better, and would hurt Uncle Ed's feelings if he read it, which he isn't going to. Change his name and hair color — he won't even recognize himself. At work, you begin to fulfill your artistic destiny. Wow! A reviewer may hate your style, or newspapers may neglect you, or 500 people may tell you that you are bitter, delusional and boring. Let me ask you this: in the big juicy Zorba scheme of things,

who cares? ~*Annie Lamott*

That's what I want, that kind of recklessness where the poem is even ahead of you. It's like riding a horse that's a little too wild for you, so there's this tension between what you can do and what the horse decides it's going to do.

~*Li-Young Lee*

Do not go where the path may lead, go instead where there is no path and leave a trail.

~*Ralph Waldo Emerson*

The Edge is where I want to be

Brothers and sisters,...Lose the edge and all you've got is middle

middle aged

middle class

middle of the road

middle management.

Lose the edge and you're dribbling along in the uncooked vanilla pudding of life

Baby, if you're not on the edge, you're sleepwalking... you're watching reruns of somebody else's life...

On the edge you don't know what anybody is going to do or say or think. The edge is not available on your cell phone, iPod, satellite dish or anywhere in the googleable universe. The edge does not twitter, it THUNDERS!

~*Lisa Martinovic*

Full poem at: <http://tinyurl.com/ybfcsw7e>



When I think about risk, what strikes me most is the ordinariness of it all. That's right. Most of it is pretty ordinary, everyday stuff. That's not to minimize it. I think it actually elevates it. It reminds us that risk, bravery and boldness aren't once-in-a-lifetime things done in uniquely daring moments, but instead make up a way of life that must be lived out each and every day. Yes, there are those stories of someone pulling a stranger from the burning car. Yes, we should sit in awe of the civil rights workers who put their life on the line for justice or the soldiers who are willing to give their lives for others. But in addition to such dramatic acts that alter history, there are daily choices that prevent history from altering us. Staying centered and maintaining integrity don't happen without daily bravery. Ordinary risk is what stops us from disappearing, losing ourselves or becoming small.

—Rev. Scott Tayler

Videos & Podcasts

Courage & Risking Everything To Do The Right Thing

<http://tinyurl.com/l64z2m6>

What does it mean to be courageous? Is it an automatic response or a conscious choice? This hour, TED speakers examine the nature of courage and what it takes to risk everything to do the right thing.

Toxic, Risk, Danger...Creativity

<http://tinyurl.com/l64z2m6>

Can you imagine a job where the materials you work with daily could actually kill you? An exploration of why creative people sometimes put themselves at risk: dancers dive through glass, a sculptor constructs a tornado of fire and an injured trumpeter tries to get back his chops.

Walking Together

<https://themoth.org/stories/walking-together>

A high school student takes a risk to make a friend.

Raising our Girls to be Perfect and Our Boys to be Brave ~ Reshma Saujani

<http://tinyurl.com/z4swsuy>

Addicted to Risk – TED Talk ~Naomi Klein

<http://tinyurl.com/m3gz839>

We have become far too willing to gamble with things that are precious and irreplaceable.

Articles

Confessions of an Amateur Tightrope Walker

<http://tinyurl.com/m4wvjx3>

"These recklessly, riotously brave people do us all a service: There is so much optimism and hope in their daring. They show us that, with practice, even the most improbable things become possible."

Holding Nothing Back

<https://www.youtube.com/watch?v=8SgMcGNznMk>

"...windows get dirt on them, trees get moss, metal rusts, we get covered over by our experience. Part of staying awake and part of holding nothing back and part of the exquisite risk is to wipe and clean away the window, to constantly be committed to removing as much as possible between us and life.... And what's risky about being *[this]* present is that you will be changed. That life will not stay the same. Because if we truly bring who we are out and we drop our preconceptions and our opinions, we will be changed by what we encounter. And life will not be the same. And that's beautiful and scary....If I truly am in each moment, it's hard to stick to my plans because I will be touched and moved..."

The Warrior Tradition: Conquering Fear

<http://www.lionsroar.com/conquering-fear/>

"Doubt is the first obstacle to fearlessness that has to be overcome...We are referring here to overcoming a much more basic doubt, which is fundamentally doubting yourself and feeling that you have some kind of shortcoming as a human being. You don't feel that your mind and body are synchronized,...you feel that you are constantly being short-changed somewhere in your life."

**Stay Safe or Risk Opening Your Heart? By Teresa****Graham Brett** <http://tinyurl.com/7krxdxh>

"When [my children] came into my life, the skills I learned in childhood no longer worked. My children... opened my heart and my soul... They demanded to be treated with the kind of respect I wasn't used to showing myself. They showed me what it meant to clearly communicate what one needs... Their unwillingness to be treated with disregard, to be dismissed, controlled, and dominated forced me to call into question everything [about boundaries, safety and hiding] that had served me well (or so I thought) until that point in my life..."

Movies & Television

Documented<https://thedissolve.com/reviews/762-documented/><https://www.rottentomatoes.com/m/documented>

"Jose Antonio Vargas' parents brought him to the United States from the Philippines when he was 12. His immigration, he discovered some years later, was illegal. He eventually became a Pulitzer Prize-winning journalist at The Washington Post and other outlets, all while hiding his status. Finally, in 2011, he took the risk of coming out as an undocumented immigrant..."

Fire at Seahttps://www.rottentomatoes.com/m/fire_at_sea_2016

A heart-rending documentary about a small island between Libya and Sicily where illegal immigrants from Africa stop on their way to Europe. The risks the refugees and the locals take.

Meruhttps://www.rottentomatoes.com/m/meru_2015

An emotionally moving documentary about why three men attempt to climb one of the most challenging mountains in the world.

Man On Wirehttps://www.rottentomatoes.com/m/man_on_wire

August 7, 1974. A young French man named Philippe Petit stepped out on a wire suspended between the Twin Towers of the World Trade Center. He danced on this wire for an hour with no safety net before he was arrested for what has become to be known as the "artistic crime of the century."

Safety Not Guaranteed<http://tinyurl.com/y7zgshmb><http://tinyurl.com/y9fj7vgm>

What happens if we fight too hard against the risk of future disappointment?

Songs

Tightrope – Janelle Monáe

While they jumpin' round ya; They trying to take all of your dreams; But you can't allow it; Cause baby whether you're high or low; Whether you're high or low; You gotta tip on the tightrope

<https://www.youtube.com/watch?v=pwnefUaKCbc>**I Won't Back Down**

A classic celebration of courage and the risk of standing our ground.

Tom Petty And The Heartbreakers:

<https://www.youtube.com/watch?v=nvITJrNJ5IA>

Johnny Cash:

<https://www.youtube.com/watch?v=yUQCmDfKFac>**Take a Chance On Love – Ella Fitzgerald**<https://www.youtube.com/watch?v=MrnDYriNH5A>**Courage Of Your Convictions - The Hollies**<https://www.youtube.com/watch?v=WEG0mzUVFmA>

**Courage -The Whitest Boy Alive**

<https://www.youtube.com/watch?v=Nh0fuyDhKZg>

Take a Chance On Me – Abba

<https://www.youtube.com/watch?v=-crgQGdpZRO>

Try Everything - Shakira

<https://www.youtube.com/watch?v=nX5gd4GXcv0>

Books

The Exquisite Risk: Daring to Live an Authentic Life by Mark Nepo

<http://tinyurl.com/yc3leq83>

“In these fast-paced times, the exquisite risk facing each of us every day is to slow down and “still our own house” so that we may experience life rather than simply manage it. In rich, lyrical prose, Nepo shares his own spiritual path, including a battle with illness that helped him understand how only by daring to embrace all that life has to offer can we come to a deeper appreciation of its meaning and beauty.

Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead by Brené Brown <http://tinyurl.com/yblqk2ta>

Based on twelve years of pioneering research, Dr. Brené Brown dispels the cultural myth that vulnerability is weakness and argues that it is, in truth, our most accurate measure of courage. A celebration and affirmation of the risk of vulnerability

Do It Like a Woman ... and Change the World by Caroline Criado-Perez

This book is a fantastic collection of inspiring stories by women who have succeeded in monumental achievements — often having had to break through glass ceilings in their fields along the way. Its central message is a hopeful one for women: no matter how much you’ve been told that a career or path isn’t right for you due to your gender, it’s all a myth. ~*Ione Wells*

We Should All Be Feminists by Chimamanda Ngozi Adichie

Adichie’s approach to the politics of gender is sharp and funny and really accessible. Without ever seeming idealistic or naive, she uses her superhuman compassion to imagine a future in which women and men have more possibilities for how to be at home in the world. ~*Mandy Len Catron*

Upcoming TLC Themes for 2018:

April - Transformation/Change

May - Embodiment

Hope to see you at one or all of these lively discussions!

Drop-in TLC (Theme-Based Listening Circle) 3rd Thursday noon - 2:00 in the Board Room using the current monthly theme. This month’s theme is Interdependence and the meeting is February 15th. All are welcome!

Young Adult Nights of FUN!

Pub Night

When: March.7th from 7:00-9:30pm

Where: Kensington Pub: 207 10a St NW

www.kensingtonpub.com

Come out for great conversation and a great menu including gluten free and vegetarian options.

Pub nights are the first Wednesday of every month. Hope to see YOU there!

Young Adult Karaoke Night

When: March.23rd starting at 8:30pm

Where: Juliette's Castle- 440 16 Ave NE Get your vocal chords ready for a night of fun and singing, and if you don't want to sing, come and cheer on those who do:)

This will also be a great opportunity to get to know the young adults in our community! Hope to see YOU there!

Reverend Debra's Sabbatical Reading List, Part 1

Some of my sabbatical reading list much still in process:

Salsa, Soul, and Spirit: Leadership for a Multicultural Age (Juana Bordas)

Thinking Like a Filmmaker: Sensory-Rich Worship Design (Marcia McFee)

Unsettling the Settler Within: Indian Residential Schools, Truth Telling, and Reconciliation (Paulette Regan)

Braiding Sweetgrass Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants (Robin Wall Kimmerer)

When Moses Meets Aaron: Staffing and Supervision in Congregations (Gil Rendle & Susan Beaumont)

Policing Black Lives: State Violence in Canada from Slavery to the Present (Robyn Maynard)

ARE Advisory Group

Adult Religious Exploration(ARE) is at a crossroads in 2018. Many long running and previously successful programs and groups are no longer running, while some continue. Technology changes mean there are different ways to explore and discuss spirituality with like-minded people besides meeting a group face-to-face. What are the other trends that support and influence ARE offerings? What other programs or groups would contribute to successful programs for Calgary Unitarians?

Collectively a small group can help plan a path forward. You are invited to join a fun one-time group to map out programs for 2018 - 2019.

Thursday March 22, 2018

4 to 6 p.m.

Boardroom

Appetizers included

Email adultprograms@unitarianscalgary.org if you would like to attend. You are also welcome to send adult program or group ideas to that email address.

Congratulations to March's Volunteer of the Month: Bob Willson

This month, the Board of Trustees is happy to recognize Bob Willson, who has served many years in various financial capacities at Calgary Unitarians. When I was the church treasurer about ten years ago, I took over from Bob, who trained me and supported me through my term. The scenario was repeated when I became treasurer for the second time, again taking over from Bob, but this time in a much more complex environment, with more to learn and more to remember. When he was not the treasurer, and serving on the Board of Trustees, Bob was acting as the accountant, performing a lot of the background work supporting the treasurer. He also chaired the Administration Committee (later to become the Finance Committee) for years, even when the committee had no official chair. Now, while continuing to provide training and support to the new treasurer, he is chair of the Endowment Trust Fund.

Bob has been a very patient teacher. His depth of knowledge regarding all matters relating to finances and budgeting, as well as personnel, is nothing short of amazing.

Bob is a no-nonsense kind of guy, who doesn't hesitate to say what he thinks even if it isn't popular. In the words of a former Board colleague, "He is very aware of the dangers of group-think," or as described by another, "He shines a light on the alternative perspective. He also has a sense of humour that shows itself particularly in posing for crazy photos while on vacation!"

We hope that Bob is enjoying a well-deserved break from working with numbers and can enjoy more time with his hobbies and interests, a major one of which is folk music. Happy music listening, Bob, and thanks for your tireless work on behalf of Calgary Unitarians.



~Submitted by Leslie Buckle

Volunteer Sign Up Made Easy!

Thanks to everyone who has signed up to volunteer on Sunday mornings with coffee, welcoming, setting up, or ushering. If you haven't had the opportunity to volunteer, or wish to do more, please visit our volunteer sign up page online. We're using SignUp.com. Here's how it works in 3 easy steps:

- 1) Click on one of the links below to see our SignUp.
- 2) Review the options listed and choose the spot(s) you like.
- 3) Sign up! It's Easy - you will NOT need to register an account or keep a password on SignUp.com.

Coffee Prep or Cleanup: There are two separate signups - <http://signup.com/go/ngfHRvc>

Ushers - <http://signup.com/go/LLfnBit>

Greeters - <http://signup.com/go/tDxnMEG>

Service Setup - <http://signup.com/go/xAYQCXZ>

We'll be happy and excited to see your name beside a job for any of the Sundays this year!

~ Eric, Leslie, Donna, and Brandis.

Introduction to Unitarian Universalism



Do you have questions about our faith and our history? Attend this interactive workshop and explore your aspirations for spiritual growth and opportunities for community connection and furthering social justice.

Choosing a new church community that fits you and your family is an important decision. Will the Unitarian Church of Calgary meet your needs?

Rev. Debra and members of the Membership Committee will facilitate the workshop.

Time & Date: Saturday, March 3, 9:30 am – 12:45 pm (lunch provided)

Babysitting available - Please let us know if you require babysitting.

Register at membership@unitarianscalgary.org Please provide information on food sensitivities.

Where Are They? A Refugee Family Update

To date, they remain in Turkey. However, there is a glimmer of light through the bureaucratic fog: both the Turkish and Canadian governments have approved Tareq and his family to immigrate. Now, it seems to be a matter of getting paper work done. How long that will take is a mystery!

Your exceptionally capable and judicious Refugee Sponsorship Committee is making every effort to insure inviting and comfortable living conditions for the family when they arrive. However, the following items are outstanding in the category of 'furniture of needs':

- | | |
|--|------------------------------|
| 1 queen bed frame | 1 dresser |
| 1 child bed - twin size | 2 night tables |
| 3 sets of twin sheets | 1 working vacuum |
| 3 blankets - twin size | 2 kitchen table chairs |
| 2 duvet & cover/comforters - twin size | 1 flatscreen TV & DVD player |
| | 1 laptop computer |

If you can donate any of the above, please contact Heather Douglas at: heather.douglas@rogers.com

Should you be interested in sharing the rewards of belonging to the Refugee Sponsorship Committee, you will be welcomed with enthusiasm and appreciation or if you would just like to help organize a welcoming reception at the airport to greet the family when they arrive, Marsha Haug at 403-437-1796 would be delighted to hear from you.

Dorothy Lloyd
for the RSC

Co-Op Gift Cards: Raise Funds for The Church



The church receives: 4% of gift card orders totaling less than \$5000
6% of gift card orders totaling \$5000 - \$9999
9% of gift card orders totaling \$10,000 or more.

***We Accept Cheques, Cash and E-Transfer
Place Gift card orders - Sunday, March 4 , 2018
Pickup Gift cards - Sunday, March 11, 2018***

If you have not purchased a gift card before, here is how to do it:

On the first Sunday of the month, bring cash or cheque to church, payable to the Unitarian Church of Calgary. If you have forgotten to bring either, you can ask about making a money e-transfer. Place your order at the table in Wickenden Hall before or after the service. If you are not going to be at church on the first Sunday of the month, you can leave post-dated cheques in the Co-op Card/Fruit Cake Cheques mail slot in the church office.

The gift cards will be distributed on the second Sunday of the month. If you are unable to pick up your card on that day, you can collect it on the next Sunday.

That's how easy it is! Questions? Contact: Ev Dewar ev.dewar@kogawa.com, Sheila Ward sggward@shaw.ca, Frances Schaink blue.sky@infovisi.com, Alex Russell itfromblighty@gmail.com

How to Reach Our Staff

Minister

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 403 702-6486

Director of Religious Exploration / Youth Program Coordinator

Sheila MacMaster 403-404-1361
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Jane Perry
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Martha Mantikoski
office@unitarianscalgary.org
 403-276-2436
 Monday -Wednesday & Friday
 9am to Noon
Office closed Thursdays



Grow in Wisdom
 Deepen Relationships
 Act for Justice

Calgary Unitarians
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Publishing the Quest

The Quest is published 11 times per year by Calgary Unitarians. Electronic copies are available at www.unitarianscalgary.org/newsletter/.

Submissions of articles, photographs, and event announcements are encouraged. Questions about the Quest, please email:

quest@unitarianscalgary.org.

The Quest Deadline is the 15th of every month except for July.

ENEWS

The ENEWS is normally published via email once a week on Wednesday. Material for the ENEWS must be submitted by Tuesday midnight. If you would like to receive the ENEWS, please email enews@unitarianscalgary.org

Booking Rooms

As our facility gets busier it is important that if rooms are needed they are booked in advance. Space can be reserved either by filling out the online booking form found here: <http://tinyurl.com/ybq27pq6>, by contacting the Administrator at 403-276-2436 or office@unitarianscalgary.org

Lay Chaplains: Mary-Anna Louise Kovar and Beverly Webber

Our Lay Chaplains are trained to perform rites of passage, such as weddings, funerals/memorial services, child dedications, etc. They are available to provide such services for a fee to the wider community. (Services for Calgary Unitarians members are provided by the minister.) Our lay chaplain can be contacted by calling 403-276-2436 or via email: laychaplains@unitarianscalgary.org.

The Caring Team

The Caring Team provides support to the members, friends, and families of the congregation. If life has you stressed because of illness, hospitalization, moving, we can help. If you have something to be celebrated, such as a graduation, marriage or new child, we are there with you. We are all part of the Caring Team! Need support, have a concern, or want to be of service? Contact caring@unitarianscalgary.org